### SEASONAL GUIDE 2020

Seasonality varies with weather and from farm to farm. Some farms, through storage, processing, or indoor growing methods, may have products during “off” seasons—call ahead to check availability!

<table>
<thead>
<tr>
<th>Dairy &amp; Eggs</th>
<th>All year</th>
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<tbody>
<tr>
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### What is the Eat Local First Campaign?

Eat Local First is a collective marketing and branding campaign that helps people find and choose fresh food produced in Whatcom, Skagit, San Juan, and Island counties. As an initiative of Sustainable Connections’ Food & Farming Program, it’s a tool for businesses to tell their stories and stand out as authentically local.

The Eat Local First Campaign helps build market demand for local products and the businesses who sell them. It puts more money in the pockets of farmers, fishermen, restaurant owners, and grocers who participate in the campaign.

**PUT A FORK ON IT**

89% of Food & Farming businesses say the Eat Local First campaign increases sales of local products.

Sign up for a free consultation today for more ways to identify yourself as an Eat Local First business through display materials, logo recognition, media, and more!

**The trusted community brand for identifying truly local food.**

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Growing or producing local food? Purchasing local food? Awesome!

But that’s only half of it. Don’t let your hard work go to waste! Label the local food you are producing or sourcing – put a fork on it and tell the story.
We’re about local food.

We’re about people.

We’re about connecting local food and people.

Inside, you will find over 100 local products offered by 70+ local producers. Want to know who grows your favorite herbs, veggies and fruit, who produces the finest artisan products... and when it will be available? It’s all in here.

Find local products, and then “put a fork” on it. Tell the story of local farms and artisans, while connecting with the collective Eat Local First campaign!

Compiled with love by your Sustainable Connections’ Food & Farming Program team,

Sara Southerland,
Alex Smith, &
Maressa Valliant

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Paper can be handy, but all this information is also available online at EATLOCALFIRST.ORG
# Dairy & Eggs (pg 13)

- Appel Farms Cheese ........................................ (360) 312-1431
- Harmony Fields ................................................ (360) 941-8196
- Misty Meadows Farm ........................................... (360) 312-3554
- Samish Bay Cheese ............................................... (360) 766-6707
- Twin Brook Creamery ........................................... (360) 354-4105

# Fruit, Berries & Nuts (pg 14)

- Barbie’s Berries .................................................. (360) 384-1260
- Bellewood Farms ................................................. (360) 318-7720
- Bow Hill Blueberries ........................................... (360) 399-1006
- Cascade Blueberry Farm ....................................... (360) 961-7081
- Cloud Mountain Farm Center ................................ (360) 966-5859
- Holmquist Hazelnut Orchards, LLC ....................... (360) 988-9240
- Nooksack Blueberries, LLC .................................. (253) 432-2131
- Sauk Farm, LLC .................................................. (360) 630-0723

# Locally Made (pg 16)

- Acme Ice Cream .................................................. (253) 202-1089
- Avenue Bread & Deli ........................................... (360) 715-3354
- Bellingham Cider Co. ........................................... (360) 510-8494
- Bellingham Coffee Roasters ................................ (360) 339-8550
- Bellingham Pasta Co ............................................ (360) 303-8435
- Boundary Bay Brewery & Bistro ......................... (360) 647-5993
- Breadfarm .......................................................... (360) 766-4065
- Bright & Sunny Wild Ginger Beer ....................... (360) 207-4049
- Calypso Kitchen ............................................... (347) 413-3983
- Chuckanut Brewery ........................................... (360) 752-3377
- Fidalgo Coffee ................................................... (360) 757-8818
- Flying Bird Botanicals ......................................... (360) 366-8013
- Garden Path Fermentation .................................. (360) 503-8956
- Grace Harbor Farms ........................................... (360) 366-4151
- Lost Giants Cider Company ................................ (360) 778-2189
- Marie’s Bees ...................................................... (360) 224-2387
- Pangea Ferments .................................................. (360) 224-8847
- Pizza’zza ............................................................. (360) 218-7012
- Pure Bliss Desserts ............................................. (360) 739-1612
- RADS Barrel Aged Pepper Sauce ....................... (630) 204-9065
- Salt, Pepper & Oil .............................................. (360) 671-2800
- Shambala Ancient Grain Bakery ......................... (360) 588-6600
- Shrub Farm ........................................................ (808) 740-2327
- The Spice Hut .................................................... (360) 671-2800
- Tortillas Con Madre ........................................... (360) 354-0607
- Twin Sisters Creamery ........................................... (360) 656-5240

# Meat & Poultry (pg 22)

- Alluvial Farms .................................................... (206) 992-7034
- Bittersweet Family Farm, LLC ............................ (425) 280-6590
- Fair Cow’s Path Farm ......................................... (360) 920-6679
- Matheson Farms, LLC ......................................... (360) 220-5103
- North Cascades Meat Producers Cooperative ....... (360) 722-1322
- Oak Meadows Farm ........................................... (360) 384-6005
- Osprey Hill Farm ................................................ (360) 595-9175
- Skiyou Ranch ..................................................... (360) 708-3292
- Ten Fold Farm .................................................... (360) 220-7391
- Wild Acres Farm ................................................ (360) 510-7161

# Seafood (pg 25)

- Lummi Island Wild Co-op .................................. (360) 366-8786
- Sea to Shore Seafood Co. .................................... (907) 518-1390

# Vegetables & Herbs (pg 26)

- Blanchard Mountain Farm ................................. (360) 399-1495
- Boldly Grown Farm ........................................... (206) 795-5715
- Cascadia Mushrooms .......................................... (360) 714-8859
- Cedarville Farm .................................................. (360) 592-5594
- East of Eden Farm ............................................. (917) 284-2754
- Ebb & Flow Herb Farm ....................................... (360) 393-8312
- Flynn Farms ....................................................... (775) 544-8925
- Hopewell Farm, LLC ........................................... (360) 927-8433
- Joe’s Gardens ...................................................... (360) 671-7639
- Mariposa Farm ................................................... (360) 920-1920
- Pollen Folly Farm ................................................ (425) 791-0742
- Rabbit Fields Farm ............................................. (360) 393-8747
- Rabbit & Roost Farm .......................................... (360) 328-1375
- Silver Creek Farm ............................................... (360) 201-6878
- Skagit Gourmet Mushrooms ............................... (425) 381-1570
- Southern Exposure Family Farm ....................... (360) 320-2856
- Spring Time Farm ............................................... (360) 610-3700
- Sumas River Farm ............................................... (360) 319-0895
- Terra Verde Farm ................................................ (360) 393-5402
- Vertical Fog Farm ............................................... (206) 290-6975
- Viva Farms ........................................................ (360) 969-7191
- Wright Brothers Farm ......................................... (206) 390-2978
BENNY HAGOOD of SPRING TIME FARM
© Fotomataio Fotografia
Dairy & Eggs

**CHEESE**
- Appel Farms Cheese
- Harmony Fields
- Samish Bay Cheese
- Twin Sisters Creamery

**EGGS**
- Cascade BlueBerry Farm
- Cedarville Farm
- East of Eden Farm
- Harmony Fields
- Matheson Farms, LLC
- Misty Meadows Farm
- Osprey Hill Farm
- Pollen Folly Farm
- Ten Fold Farm
- Wild Acres Farm
- Wright Brothers Farm

**MILK**
- Twin Brook Creamery

**YOGURT**
- Grace Harbor Farms
- Harmony Fields
- Samish Bay Cheese

Fruit, Berries & Nuts

**APPLES**
- Bellevue Farms
- Cloud Mountain Farm Center
- Joe’s Gardens
- Rabble & Roost Farm
- Sauk Farm, LLC

**ARONIA BERRIES**
- Cloud Mountain Farm Center
- Nooksack Blueberries, LLC
- Osprey Hill Farm

**BLACKBERRIES**
- Barbie’s Berries Inc
- Cascade Blueberry Farm
- Growing Washington
- Spring Time Farm
- Sumas River Farm
- Viva Farms

**BLUEBERRIES**
- Barbie’s Berries Inc
- Bow Hill Blueberries
- Cascade Blueberry Farm
- Hopewell Farm, LLC
- Joe’s Gardens
- Mariposa Farm
- Nooksack Blueberries, LLC
- Pollen Folly Farm
- Sumas River Farm
- Terra Verde Farm
- Viva Farms

**CHERRIES**
- Cloud Mountain Farm Center
- Pollen Folly Farm
- Spring Time Farm

**CURRANTS**
- Cloud Mountain Farm Center
- Osprey Hill Farm
- Sumas River Farm
- Terra Verde Farm

**FIGS**
- Sumas River Farm

**GRAPE**
- Cloud Mountain Farm Center
- Pollen Folly Farm
- Sauk Farm, LLC
- Sumas River Farm

**NECTARINES**
- Joe’s Gardens

**NUTS**
- Holmquist Hazelnut Orchards, LLC
- Pollen Folly Farm

**PEACHES**
- Cloud Mountain Farm Center

**PEARS**
- Bellevue Farms
- Cloud Mountain Farm Center
- Joe’s Gardens

**PLUMS**
- Cascade Blueberry Farm
- Cloud Mountain Farm Center
- Osprey Hill Farm
- Southern Exposure Family Farm
- Spring Time Farm

**RASPBERRIES**
- Barbie’s Berries Inc
- Joe’s Gardens
- Mariposa Farm
- Pollen Folly Farm
- Rabbit Fields Farm
- Spring Time Farm
- Sumas River Farm
- Terra Verde Farm
- Viva Farms

**STRAWBERRIES**
- Barbie’s Berries Inc
- Cascade Blueberry Farm
- Cloud Mountain Farm Center
- Mariposa Farm
- Rabbit Fields Farm
- Spring Time Farm
- Sumas River Farm
- Sumas River Farm
- Viva Farms

Flowers & Nursery

**CUT FLOWERS**
- Boldly Grown Farm
- Rabbit Fields Farm
- Spring Time Farm
- Vertical Fog Farm

**EDIBLE FLOWERS**
- Mariposa Farm

**PLANTS**
- Cascade Blueberry Farm
- Cloud Mountain Farm Center
- Joe’s Gardens
- Southern Exposure Family Farm

**TREES**
- Cloud Mountain Farm Center
**Locally Made**

**BEER, WINE & SPIRITS**
Bellewood Farms
Bellingham Cider Co.
Boundary Bay Brewery & Bistro
Bright & Sunny Wild Ginger Beer
Chuckanut Brewery
Garden Path Fermentation
Lost Giants Cider Company

**BEVERAGES & MIXERS**
Bellingham Cider Co.
Bright & Sunny Wild Ginger Beer
Calypso Kitchen
Fidalgo Coffee
Pangea Ferments
Sauk Farm, LLC
Shrub Farm
Twin Brook Creamery

**BREAD & BAKED GOODS**
Avenue Bread & Deli
Bellewood Farms
Breadfarm
East of Eden Farm
Pure Bliss Desserts
Shambala Bakery & Bistro
Tortillas Con Madre

**COFFEE & TEA**
Bellingham Coffee Roasters
Flying Bird Botanicals
The Spice Hut
Ebb & Flow Herb Farm

**DESSERTS & ICE CREAM**
Acme Ice Cream
Bellewood Farms
Bow Hill Blueberries
Pizza'zza
Pure Bliss Desserts

**HONEY**
Bellewood Farms
Marie's Bees

**PASTA**
Bellingham Pasta Co.
Salt, Pepper & Oil

**SAUCES & CONDIMENTS**
Bellewood Farms
Bellingham Pasta Co.
Bow Hill Blueberries
Calypso Kitchen
Salt, Pepper & Oil
Marie's Bees
Pangea Ferments

**PRODUCT LISTINGS**

**MEAT & POULTRY**

**BACON**
Bittersweet Family Farm, LLC
East of Eden Farm
Oak Meadows Farm
Ten Fold Farm

**BEEF**
Fair Cow’s Path Farm
North Cascades Meat Producers Co-op
Samish Bay Cheese
Skiyou Ranch
Ten Fold Farm

**CHICKEN**
Misty Meadows Farm
Oak Meadows Farm
Osprey Hill Farm
Ten Fold Farm
Wild Acres Farm

**HAM**
Bittersweet Family Farm, LLC
Oak Meadows Farm

**LAMB**
Osprey Hill Farm
Samish Bay Cheese
Ten Fold Farm

**PORK**
Alluvial Farms
Bittersweet Family Farm, LLC
East of Eden Farm
Fair Cow’s Path Farm
Oak Meadows Farm
Samish Bay Cheese
Ten Fold Farm

**SAUSAGE**
Bittersweet Family Farm, LLC
Cedarville Farm
Misty Meadows Farm
Oak Meadows Farm
Osprey Hill Farm
Wild Acres Farm

**TURKEYS**
Bittersweet Family Farm, LLC
Cedarville Farm
Misty Meadows Farm
Oak Meadows Farm
Osprey Hill Farm
Wild Acres Farm

** VEAL**
Samish Bay Cheese
Ten Fold Farm

**SEAFOOD**

**CAVIAR**
Lummi Island Wild Co-op

**COD**
Lummi Island Wild Co-op
Sea to Shore Seafood Co.

**HALIBUT**
Lummi Island Wild Co-op
Sea to Shore Seafood Co.

**PRAWNS**
Lummi Island Wild Co-op

**SALMON**
Lummi Island Wild Co-op
Sea to Shore Seafood Co.

**TUNA**
Lummi Island Wild Co-op

**VEGETABLES & HERBS**

**ARTICHOKES**
Cedarville Farm
City Sprouts Farm
East of Eden Farm
Rabbit Fields Farm
Southern Exposure Family Farm
Spring Time Farm
Ten Fold Farm
Viva Farms

**ARUGULA**
Cedarville Farm
City Sprouts Farm
East of Eden Farm
Flynn Farms
Joe’s Gardens
Rabbit Fields Farm
Silver Creek Farm
Spring Time Farm
Sumas River Farm
Ten Fold Farm
Terra Verde Farm
Viva Farms
Wild Acres Farm
Wright Brothers Farm
### ASIAN GREENS / BOK CHOI
- Cedarville Farm
- City Sprouts Farm
- Flynn Farms
- Joe’s Gardens
- Rabbit Fields Farm
- Spring Time Farm
- Terra Verde Farm
- Vertical Fog Farm
- Viva Farms
- Wright Brothers Farm

### ASPARAGUS
- Cedarville Farm
- East of Eden Farm
- Southern Exposure Family Farm
- Sumas River Farm

### BASIL
- Blanchard Mountain Farm
- Cedarville Farm
- City Sprouts Farm
- Cloud Mountain Farm Center
- East of Eden Farm
- Flynn Farms
- Harmony Fields
- Joe’s Gardens
- Osprey Hill Farm
- Pollen Folly Farm
- Rabbit Fields Farm
- Rabble & Roost Farm
- Silver Creek Farm
- Spring Time Farm
- Sumas River Farm
- Terra Verde Farm
- Viva Farms
- Wild Acres Farm
- Ebb & Flow Herb Farm
- Wright Brothers Farm

### BRAISING MIX
- Cedarville Farm
- City Sprouts Farm
- Cloud Mountain Farm Center
- East of Eden Farm
- Flynn Farms
- Hopewell Farm, LLC
- Joe’s Gardens
- Mariposa Farm
- Rabbit Fields Farm
- Silver Creek Farm
- Southern Exposure Family Farm
- Spring Time Farm
- Sumas River Farm
- Ten Fold Farm
- Terra Verde Farm
- Vertical Fog Farm
- Viva Farms
- Wright Brothers Farm

### BROCCOLI
- Blanchard Mountain Farm
- Boldly Grown Farm
- Cascade Blueberry Farm
- Cedarville Farm
- City Sprouts Farm
- East of Eden Farm
- Flynn Farms
- Joe’s Gardens
- Mariposa Farm
- Pollen Folly Farm
- Rabbit Fields Farm
- Silver Creek Farm
- Spring Time Farm
- Ten Fold Farm
- Terra Verde Farm
- Vertical Fog Farm
- Viva Farms
- Wright Brothers Farm

### BROCCOLINI
- Blanchard Mountain Farm
- Cedarville Farm
- City Sprouts Farm
- East of Eden Farm
- Flynn Farms
- Joe’s Gardens
- Mariposa Farm

### BEANS
- Cedarville Farm
- City Sprouts Farm
- East of Eden Farm
- Flynn Farms
- Joe’s Gardens
- Pollen Folly Farm
- Rabbit Fields Farm
- Southern Exposure Family Farm
- Spring Time Farm
- Ten Fold Farm
- Terra Verde Farm
- Viva Farms
- Ebb & Flow Herb Farm
- Wright Brothers Farm

### CARROTS
- Blanchard Mountain Farm
- Boldly Grown Farm
- Cascade Blueberry Farm
- Cedarville Farm
- City Sprouts Farm
- Flynn Farms
- Hopewell Farm, LLC
- Joe’s Gardens
- Osprey Hill Farm
- Pollen Folly Farm
- Rabbit Fields Farm
- Spring Time Farm
- Ten Fold Farm
- Terra Verde Farm
- Vertical Fog Farm
- Viva Farms
- Wright Brothers Farm

### BEETS
- Boldly Grown Farm

### BRUSSELS SPROUTS
- Cedarville Farm
- East of Eden Farm
- Flynn Farms
- Hopewell Farm, LLC
- Rabbit Fields Farm
- Spring Time Farm
- Ten Fold Farm
- Terra Verde Farm
- Viva Farms
- Wright Brothers Farm

### CABBAGE
- Blanchard Mountain Farm
- Boldly Grown Farm
- Cascade Blueberry Farm
- Cedarville Farm
- City Sprouts Farm
- Flynn Farms
- Joe’s Gardens
- Osprey Hill Farm
- Pollen Folly Farm
- Rabbit Fields Farm
- Silver Creek Farm
- Southern Exposure Family Farm
- Spring Time Farm
- Ten Fold Farm
- Terra Verde Farm
- Vertical Fog Farm
- Viva Farms
- Wright Brothers Farm
CAULIFLOWER
Blanchard Mountain Farm
Cedarville Farm
City Sprouts Farm
Flynn Farms
Joe’s Gardens
Mariposa Farm
Rabbit Fields Farm
Spring Time Farm
Terra Verde Farm
Vertical Fog Farm
Viva Farms
Wright Brothers Farm

CELERIAC
Boldly Grown Farm
Cedarville Farm
Joe’s Gardens
Spring Time Farm
Sumas River Farm
Terra Verde Farm
Viva Farms
Wright Brothers Farm

CELERY
Cedarville Farm
City Sprouts Farm
Joe’s Gardens
Spring Time Farm
Terra Verde Farm
Wright Brothers Farm

CHARD
Cascade Blueberry Farm
Cedarville Farm
City Sprouts Farm
East of Eden Farm
Flynn Farms
Joe’s Gardens
Mariposa Farm
Osprey Hill Farm
Pollen Folly Farm
Rabbit Fields Farm
Silver Creek Farm
Spring Time Farm
Ten Fold Farm
Terra Verde Farm
Vertical Fog Farm
Viva Farms
Wright Brothers Farm

CHICORIES
Blanchard Mountain Farm
Boldly Grown Farm
Cedarville Farm
City Sprouts Farm
Rabbit Fields Farm
Spring Time Farm
Ten Fold Farm
Viva Farms
Wright Brothers Farm

CILANTRO
Cascade Blueberry Farm
Cedarville Farm
City Sprouts Farm
East of Eden Farm
Flynn Farms
Joe’s Gardens
Mariposa Farm
Osprey Hill Farm
Rabbit Fields Farm
Silver Creek Farm
Spring Time Farm
Sumas River Farm
Ten Fold Farm
Terra Verde Farm
Viva Farms
Wright Brothers Farm

COLLARD GREENS
Blanchard Mountain Farm
Boldly Grown Farm
Cedarville Farm
City Sprouts Farm
East of Eden Farm
Osprey Hill Farm
Pollen Folly Farm
Rabbit Fields Farm
Spring Time Farm
Terra Verde Farm
Viva Farms
Wright Brothers Farm

POLLEN FOLLY FARM
© FotoMatsio Fotografia
CORN
Flynn Farms
Joe's Gardens
Pollen Folly Farm
Southern Exposure Family Farm
Spring Time Farm
Ten Fold Farm
Terra Verde Farm
Viva Farms
Wright Brothers Farm

CUCUMBERS
Blanchard Mountain Farm
Cascade Blueberry Farm
Cedarville Farm
City Sprouts Farm
Cloud Mountain Farm Center
East of Eden Farm
Flynn Farms
Mariposa Farm
Pollen Folly Farm
Rabbit Fields Farm
Rabble & Roost Farm
Silver Creek Farm
Southern Exposure Family Farm
Spring Time Farm
Sumas River Farm
Ten Fold Farm
Terra Verde Farm
Vertical Fog Farm
Viva Farms
Wright Brothers Farm

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Rabble & Roost Farm
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Sumas River Farm
Ten Fold Farm
Terra Verde Farm
Vertical Fog Farm
Viva Farms
Ebb & Flow Herb Farm
Wright Brothers Farm

EGGPLANT
Blanchard Mountain Farm
Cascade Blueberry Farm
Cedarville Farm
City Sprouts Farm
East of Eden Farm
Flynn Farms
Mariposa Farm
Pollen Folly Farm
Rabbit Fields Farm
Rabble & Roost Farm
Silver Creek Farm
Southern Exposure Family Farm
Spring Time Farm
Vertical Fog Farm
Viva Farms

ENDIVE
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Boldly Grown Farm
Cedarville Farm
City Sprouts Farm
East of Eden Farm
Spring Time Farm
Vertical Fog Farm
Viva Farms
Wild Acres Farm
Wright Brothers Farm

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Cedarville Farm
City Sprouts Farm
East of Eden Farm
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Mariposa Farm
Pollen Folly Farm
Rabbit Fields Farm
Spring Time Farm
Terra Verde Farm
Vertical Fog Farm
Viva Farms
Wright Brothers Farm

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Flynn Farms
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Pollen Folly Farm
Rabbit Fields Farm
Silver Creek Farm
Spring Time Farm
Vertical Fog Farm
Viva Farms
Wright Brothers Farm

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City Sprouts Farm
East of Eden Farm
Flynn Farms
Mariposa Farm
Pollen Folly Farm
Rabbit Fields Farm
Silver Creek Farm
Spring Time Farm
Sumas River Farm
Ten Fold Farm
Terra Verde Farm
Vertical Fog Farm
Viva Farms

GARLIC GREENS
Cedarville Farm
Flynn Farms
Mariposa Farm
Pollen Folly Farm
Rabbit Fields Farm
Silver Creek Farm
Sumas River Farm
Vertical Fog Farm
Viva Farms

GREEN BEANS
Blanchard Mountain Farm
Cascade Blueberry Farm
Cedarville Farm
City Sprouts Farm
East of Eden Farm
Flynn Farms
Mariposa Farm
Pollen Folly Farm
Rabbit Fields Farm
Silver Creek Farm
Spring Time Farm
Sumas River Farm
Ten Fold Farm
Terra Verde Farm
Vertical Fog Farm
Viva Farms

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Blanchard Mountain Farm
Cascade Blueberry Farm
Cedarville Farm
City Sprouts Farm
East of Eden Farm
Flynn Farms
Mariposa Farm
Pollen Folly Farm
Rabbit Fields Farm
Silver Creek Farm
Spring Time Farm
Sumas River Farm
Ten Fold Farm
Terra Verde Farm
Vertical Fog Farm
Viva Farms

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Blanchard Mountain Farm
Boldly Grown Farm
Cascade Blueberry Farm
Cedarville Farm

EGGPLANT
Blanchard Mountain Farm
Cascade Blueberry Farm
Cedarville Farm
City Sprouts Farm
East of Eden Farm
Flynn Farms
Mariposa Farm
Pollen Folly Farm
Rabbit Fields Farm
Rabble & Roost Farm
Silver Creek Farm
Southern Exposure Family Farm
Spring Time Farm
Vertical Fog Farm
Viva Farms
<table>
<thead>
<tr>
<th>Product</th>
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<td>Blanchard Mountain Farm, Cascade Blueberry Farm, Cedarville Farm, City Sprouts Farm, Cloud Mountain Farm Center, East of Eden Farm, Joe’s Gardens, Mariposa Farm, Osprey Hill Farm, Pollen Folly Farm, Rabbit Fields Farm, Rabble &amp; Roost Farm, Silver Creek Farm, Spring Time Farm</td>
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<td>Cascade Blueberry Farm, Cedarville Farm, City Sprouts Farm, East of Eden Farm, Joe’s Gardens, Osprey Hill Farm, Rabbit Fields Farm, Rabble &amp; Roost Farm, Silver Creek Farm, Spring Time Farm, Sumas River Farm, Terra Verde Farm, Viva Farms, Wright Brothers Farm</td>
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<tr>
<td>Parsley Root</td>
<td>Spring Time Farm, Ten Fold Farm</td>
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<tr>
<td>Parsnips</td>
<td>Cedarville Farm, City Sprouts Farm, East of Eden Farm, Joe’s Gardens, Spring Time Farm, Ten Fold Farm, Viva Farms, Wright Brothers Farm</td>
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<tr>
<td>Mustard Greens</td>
<td>City Sprouts Farm, East of Eden Farm, Rabbit Fields Farm, Silver Creek Farm, Spring Time Farm, Sumas River Farm, Ten Fold Farm, Vertical Fog Farm, Viva Farms, Wright Brothers Farm</td>
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<td>Onions</td>
<td>Blanchard Mountain Farm, Boldly Grown Farm, Cascade Blueberry Farm, Cedarville Farm, City Sprouts Farm, Flynn Farms, Joe’s Gardens, Mariposa Farm, Rabbit Fields Farm, Spring Time Farm, Ten Fold Farm, Terra Verde Farm, Vertical Fog Farm, Viva Farms, Wright Brothers Farm</td>
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<tr>
<td>Peas</td>
<td>Blanchard Mountain Farm, Cascade Blueberry Farm, Cedarville Farm, City Sprouts Farm, East of Eden Farm, Flynn Farms, Joe’s Gardens, Mariposa Farm, Pollen Folly Farm, Rabbit Fields Farm, Silver Creek Farm, Spring Time Farm, Southern Exposure Family Farm, Ten Fold Farm, Terra Verde Farm, Viva Farms, Wright Brothers Farm</td>
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<tr>
<td>Peppers</td>
<td>Boldly Grown Farm, Cascade Blueberry Farm, City Sprouts Farm, Cloud Mountain Farm Center, East of Eden Farm, Flynn Farms, Joe’s Gardens, Mariposa Farm, Osprey Hill Farm</td>
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Rabbit Fields Farm
Silver Creek Farm
Southern Exposure Family Farm
Spring Time Farm
Ten Fold Farm
Terra Verde Farm
Viva Farms

POPCORN
Flynn Farms
Spring Time Farm

POTATOES
East of Eden Farm
Flynn Farms
Joe's Gardens
Mariposa Farm
Osprey Hill Farm
Pollen Folly Farm
Rabbit Fields Farm
Spring Time Farm
Ten Fold Farm
Terra Verde Farm
Viva Farms

PUMPKINS
Blanchard Mountain Farm
City Sprouts Farm
Cloud Mountain Farm Center
Flynn Farms
Rabbit Fields Farm
Rabble & Roost Farm
Spring Time Farm
Ten Fold Farm
Terra Verde Farm
Vertical Fog Farm
Viva Farms
Wright Brothers Farm

RADICCHIO
Blanchard Mountain Farm
Boldly Grown Farm
Cedarville Farm
City Sprouts Farm
East of Eden Farm
Rabbit Fields Farm
Spring Time Farm
Vertical Fog Farm
Viva Farms
Wright Brothers Farm

RADISHES
Boldly Grown Farm
Cascade Blueberry Farm
Cedarville Farm
City Sprouts Farm
East of Eden Farm
Flynn Farms
Joe's Gardens

SPROUTS
City Sprouts Farm
Mariposa Farm
Rabbit Fields Farm
Silver Creek Farm
Terra Verde Farm
Vertical Fog Farm
Viva Farms

SQUASH (SUMMER)
Blanchard Mountain Farm
Cascade Blueberry Farm
Cedarville Farm
City Sprouts Farm
East of Eden Farm
Flynn Farms
Joe's Gardens
Mariposa Farm
Osprey Hill Farm
Pollen Folly Farm
Rabbit Fields Farm
Rabble & Roost Farm
Spring Time Farm
Ten Fold Farm
Terra Verde Farm
Viva Farms
Ebb & Flow Herb Farm
Wright Brothers Farm

SQUASH (WINTER)
Blanchard Mountain Farm
Boldly Grown Farm
Cedarville Farm
City Sprouts Farm
Cloud Mountain Farm Center
East of Eden Farm
Flynn Farms
Joe's Gardens
Pollen Folly Farm
Rabbit Fields Farm
Rabble & Roost Farm
Spring Time Farm
Ten Fold Farm
Terra Verde Farm
Vertical Fog Farm
Viva Farms
Ebb & Flow Herb Farm
Wright Brothers Farm

SUNCHOKES
East of Eden Farm
Osprey Hill Farm
Southern Exposure Family Farm
Ten Fold Farm
Viva Farms

TEA HERBS
City Sprouts Farm
Flying Bird Botanicals
Harmony Fields
Ten Fold Farm
Wild Acres Farm
Ebb & Flow Herb Farm

**THYME**
City Sprouts Farm
East of Eden Farm
Harmony Fields
Osprey Hill Farm
Silver Creek Farm
Spring Time Farm
Sumas River Farm
Ten Fold Farm
Viva Farms
Wild Acres Farm
Ebb & Flow Herb Farm
Wright Brothers Farm

**TOMATILLOS**
City Sprouts Farm
East of Eden Farm
Flynn Farms
Mariposa Farm
Rabbit Fields Farm
Spring Time Farm
Viva Farms

**TOMATOES**
Blanchard Mountain Farm
Cedarville Farm
City Sprouts Farm
Cloud Mountain Farm Center
East of Eden Farm
Flynn Farms
Joe’s Gardens
Mariposa Farm
Osprey Hill Farm
Pollen Folly Farm
Rabbit Fields Farm
Rabble & Roost Farm
Silver Creek Farm
Spring Time Farm
Ten Fold Farm
Terra Verde Farm
Viva Farms
Ebb & Flow Herb Farm
Wright Brothers Farm

**TOMATOES (CHERRY)**
Blanchard Mountain Farm
Cascade Blueberry Farm
Cedarville Farm
City Sprouts Farm
Cloud Mountain Farm Center
East of Eden Farm
Flynn Farms
Mariposa Farm
Osprey Hill Farm
Pollen Folly Farm

**TURNIPS**
Boldly Grown Farm
Cedarville Farm
City Sprouts Farm
East of Eden Farm
Flynn Farms
Rabbit Fields Farm
Silver Creek Farm
Spring Time Farm
Ten Fold Farm
Terra Verde Farm
Viva Farms
Wright Brothers Farm

**WILD GREENS**
Spring Time Farm
Sumas River Farm
Ten Fold Farm
### Appel Farms Cheese

**Mailing Address:** 6605 Northwest Dr, Ferndale, WA 98248  
**Phone:** (360) 312-1431  
**Email:** thecheesefarm@gmail.com  
**Website:** thecheesefarm.com  
**Seasons:** Year-Round  
**Delivery Day(s):** By Appointment  
**How to Order:** Phone  
**Products:** Cheese  

**Farm Description:** The Appel family has been producing farmstead artisan cheese for more than thirty years. Apply at our wholesale office for pricing and order minimums. We have restaurant size packaging and discounts on whole wheels. We do not deliver at this time.

### Harmony Fields

**Mailing Address:** 7465 Thomas Rd, Bow, WA 98232  
**Phone:** (360) 941-8196  
**Email:** farm@harmonyfields.com  
**Seasons:** April - October  
**Delivery Day(s):** Daily  
**How to Order:** Email  
**Products:** Basil, Cheese, Eggs, Mixed Herbs, Tea Herbs, Thyme, Yogurt  
**Specialty Items:** Yarn  

**Farm Description:** Artisan sheep cheese and fresh and dried organic herbs. Available April to October.  
**Growing Methods:** We have a solar-powered sheep creamery. Our animals are raised with ethical and ecological farming practices. We grow certified 100% organic herbs.

### Matheson Farms, LLC (pg 23)

**Mailing Address:** 6197 Everson Goshen Rd, Everson, WA 98247  
**Phone:** (360) 312-3554  
**Email:** info@mistymeadowsfarm.com  
**Website:** mistymeadowsfarm.com  
**Seasons:** Year-Round  
**How to Order:** Email, Puget Sound Food Hub  
**Products:** Chicken, Eggs, Turkeys  
**Specialty Items:** Pasture raised Certified Organic chicken eggs, pasture raised Certified Organic turkeys at Thanksgiving  

**Farm Description:** We raise certified organic chickens, primarily for eggs, Year-Round on pasture. Our eggs are nationally known for their superior nutritional quality & our humane animal standards. We deliver through the Puget Sound region to local restaurants, chefs & grocery stores. Come tour the farm.  
**Growing Methods:** All of our poultry is pasture raised. Our birds have continuous access to grass and fresh air. We rotate the birds around our 18 acre property providing a year-round supply of fresh pasture. They also have open air coops that protect them from severe weather, but they are never confined.
Pollen Folly Farm (pg 29)

Samish Bay Cheese

Mailing Address: 15115 Bow Hill Rd, Bow, WA 98232
Phone: (360) 766-6707
Email: cheese@samishbay.com
Website: samishbay.com
Seasons: Year-Round
How to Order: Email, Phone, Puget Sound Food Hub
Products: Cheese, Yogurt; Beef, Lamb, Pork
Specialty Items: Kefir, Pickles
Farm Description: Farmstead organic cheese and other dairy products from our own cows: yogurt, labneh, kefir. Organic beef, pastured veal, whey tastier pork from our farm animals. Wholesale hours are Monday to Friday 8 AM to 4:30 PM
Growing Methods: WSDA Organic

Twin Brook Creamery

Mailing Address: 9728 Double Ditch Rd, Lynden, WA 98264
Phone: (360) 354-4105
Email: twinbrook@twinbrookcreamery.com
Website: twinbrookcreamery.com
Seasons: Year-Round
Delivery Day(s): Daily
How to Order: Email
Products: Milk
Farm Description: We are a family dairy that milks Jersey cows and only puts the milk in glass returnable bottles. We have no on-farm retail but to find a list of locations where you can purchase products, go to our website and click on store locations.
Growing Methods: We strive to be the best possible stewards of the land, raising purebred Jersey cows that produce milk with a higher protein and butterfat content, greatly enhancing the flavor. We use no synthetic hormones (such as RBST) that artificially stimulate growth or milk production, giving us happy, healthy cows and the most natural milk a cow can produce. During the summer months we pasture the “girls” and we also put up our extra fields of grass which we use for the cows feed during the winter months. We do not use commercial fertilizer or pesticides on our grass fields or pastures, so the feeds that they eat are as close to natural as we can provide them.

Barbie’s Berries Inc

Mailing Address: 7655 Melody Ln, Ferndale, WA 98248
Phone: (360) 384-1260
Email: barbies_berries@outlook.com
Website: barbiesberries.com
Seasons: June, July
Delivery Day(s): By Appointment, Wednesdays
How to Order: Email, Phone, Text
Products: Blackberries, Blueberries, Raspberries, Strawberries
Farm Description: We are open by appointment during the off season and 9-6 Monday-Sat. and 10-4 Sundays. You can call 360-384-1260 or text 360-815-6965 or 360-739-3136 for orders.
Growing Methods: We use a Integrated Pest Management (IPM) program using only EPA approved and environmentally safe products. We use only modern drip irrigation methods for water conservation.

Bellewood Farms

Mailing Address: 6140 WA-539, Lynden, WA 98264
Phone: (360) 318-7720
Email: info@bellewoodfarms.com
Website: bellewoodfarms.com
Seasons: Year-Round
Delivery Day(s): By Appointment, Monday - Sunday
How to Order: Email, Phone
Products: Apples, Honey, Pears
Specialty Items: cider, apple chips, sparkling cider, pies, gin, vodka, brandy
Farm Description: Want farm fresh local apples or pears? How about spirits created right from the orchard? Bellewood serves our local community with the largest apple farm in Western Washington. We offer over 21 varieties of apples & pears including Honeycrisp and heirloom varieties. We sell wholesale to local co-ops, markets, and restaurants including our popular by-products.
Growing Methods: Integrated Pest Management

Use this guide alongside the eatlocalfirst.org Food Atlas to learn more about your local farmers, fishers, and artisans.
Bow Hill Blueberries

Mailing Address: 15628 Bow Hill Rd, Bow, WA 98232
Phone: (360) 399-1006
Email: info@bowhillblueberries.com
Website: bowhillblueberries.com
Seasons: Year-Round
Delivery Day(s): By Appointment; Monday-Sunday
How to Order: Email, Phone, Website
Products: Fresh Blueberries, Organic Frozen Blueberries
Specialty Items: All Organic: Heirloom Blueberry Juice, Heirloom Blueberry Powder, Blueberry Confiture, Heirloom Pickled Blueberries
Farm Description: Bow Hill Blueberries is a small farm run by a small family with a huge commitment to growing and preserving heirloom blueberries organically. Established in 1947, it is the oldest blueberry farm in Skagit Valley. Growing Methods: Bow Hill is Certified Organic.

Cascade Blueberry Farm

Mailing Address: 2667 Willeys Lake Rd, Custer, WA 98240
Phone: (360) 961-7081
Email: kamaddux@hotmail.com
Website: Find us on Facebook
Seasons: May - December
Delivery Day(s): By Appointment
How to Order: Phone
Products: Beets, Blackberries, Blueberries, Broccoli, Cabbage, Carrots, Chard, Cilantro, Cucumbers, Eggs, Green Onions, Kale, Kohlrabi, Lettuce, Onions, Parsley, Plants, Plums, Radishes, Raspberries, Salad Mix, Strawberries, Squash (Summer), Tomatoes, Tomatoes (Cherry)
Specialty Items: Hanging Baskets, Flower pots, Wooden flower boxes, veggie and annual starts; Frozen berries
Farm Description: Family owned and operated since 1985. Farm stand open 10am to 6pm, seven days a week, May 1st to October 1st and Fri-Sun 10am-6pm, Oct 1-Dec 31. Veggie starts, petunia hanging baskets, vegetables and blueberries available in season (Blueberries available August 1st).

Cloud Mountain Farm Center

Mailing Address: 6906 Goodwin Rd, Everson, WA 98247
Phone: (360) 966-5859
Email: info@cloudmountainfarmcenter.org
Website: cloudmountainfarmcenter.org
Seasons: June - December
Delivery Day(s): Tuesday, Friday
How to Order: Email, Phone, Puget Sound Food Hub, Text
Products: Apples, Aronia Berries, Basil, Beets, Cherries, Cucumbers, Currants, Grapes, Lettuce, Peaches, Pears, Peppers, Plants, Plums, Pumpkins, Squash (Winter), Strawberries, Tomatoes, Tomatoes (Cherry), Trees
Specialty Items: Quince, Persimmon, Hardy kiwis
Farm Description: Cloud Mountain Farm Center is a nonprofit educational farm located in Everson, WA. We grow a wide variety of fruits and vegetables on 42 acres. All purchases support our new farmer education program, farmer incubator program and crop trials program. Growing Methods: All vegetables are certified organic. Peaches, grapes, and sweet cherries are certified organic. All other fruit is managed with an IPM program. The vegetables are GAP certified.

Holmquist Hazelnut Orchards, LLC

Phone: (360) 988-9240
Email: info@holmquisthazelnuts.com
Website: holmquisthazelnuts.com
Seasons: Year-Round
How to Order: Email, Phone, Puget Sound Food Hub
Products: Hazelnuts
Farm Description: We are a 5th generation, family-owned and operated farm located in the fertile farmlands of Lynden. Holmquist Hazelnut Orchards enjoys a time-honored tradition of providing the freshest and highest quality hazelnuts and hazelnut products in the Pacific Northwest! Dry roasted hazelnuts, sea salt hazelnuts, Southwestern flavored hazelnuts, ranch flavored, orange Honey flavored hazelnuts, milk and dark Belgian chocolate hazelnut bark, chopped & sliced hazelnuts, hazelnut Flour, hazelnut oil, honey roasted cinnamon hazelnuts and butter toffee hazelnuts. (Minimum Order Quantity 1 case)

Hopewell Farm (pg 28)

Joe’s Gardens (pg 28)

Mariposa Farms (pg 29)
Nooksack Blueberries, LLC

Mailing Address: 102 S. Pass Road, Nooksack, WA 98276
Phone: (253) 432-2131
Email: nooksackblueberries@gmail.com
Website: nooksackblueberries.com
Seasons: July - September
Delivery Day(s): By Appointment
How to Order: Email, Phone, Text
Products: Aronia Berries, Blueberries
Farm Description: We are an organic blueberry farm. We believe that healthy soil produces healthy plants with excellent flavor. Our 9 varieties include Reka, Spartan, Blue Crop, Hardy Blue, Legacy, Brigitta, Jersey, Chandler & Elliott; chosen for their unique flavors and characteristics, and ripen from July to Sept.
Growing Methods: We are an organic farm growing 9 cultivars of Blueberries. We value the soil and realize that the soil is the stomach for the plants. The micronutrients in the soil are critical for the unique flavors of our berries. Healthy soil equals healthy plants and great tasting blueberries

Rabbit Fields Farm (pg 30)

Rabble & Roost Farm (pg 30)

Sauk Farm, LLC

Mailing Address: 51497 Concrete Sauk Valley Rd., Concrete, WA 98237
Phone: (360) 630-0723
Email: griffin@saukfarm.com
Website: saukfarm.com
Seasons: Year-Round
Delivery Day(s): Daily
How to Order: Email
Products: Apples, Grapes
Specialty Items: Dried Fruit
Farm Description: All our products and fruit are certified organic by the WSDA. We specialize in producing high quality honeycrisp apples, wine grapes, and table grapes. Please contact us for inquiries into fresh sales. We also make a variety of single ingredient products from our fruit.

Sumas River Farm (pg 31)

Terra Verde Farm (pg 32)

Viva Farms (pg 33)

Locally Made

Acme Ice Cream

Mailing Address: 3155 Mercer Ave Suite 106, Bellingham, WA
Phone: (253) 202-1089
Email: stephanie@acmeicecream.com
Website: acmeicecream.com
Seasons: Year-Round
How to Order: Email, Phone
Products: Premium Ice Cream
Business Description: We create the best, ultra-premium ice cream around! We use much more cream and we never add air (zero air!) to our ice cream, so you get thick and rich ice cream with a taffy-like texture. We use only fresh, local, hormone-free milk. We partner with local berry farmers and coffee roasters for the tastiest, freshest ingredients around.

Avenue Bread & Deli

Mailing Address: 2020 Humboldt St, Bellingham, WA 98225
Phone: (360) 715-3354
Email: jamie@avenuebread.com
Website: avenuebread.com
Seasons: Year-Round
Delivery Day(s): By Appointment
How to Order: Email, Phone
Products: Baked Goods, Bread
Business Description: Avenue Bread is the neighborhood café and bakery that creates community around authentic eats for the people of Whatcom County and its visitors who want a nourishing experience for the mind, body and soul in an era of increasingly conscious consumption. Visit avenuebread.com for a full listing of the bread products offered by Avenue Bakery.

Order quality products from sustainable farms and producers. Delivery is available year-round, twice a week to businesses and institutions located in the north Puget Sound region.

www.pugetsoundfoodhub.com

To learn more about our products and services or to set up an account please call: 360.428.7106.
or email us at: info@pugetsoundfoodhub.com
Bellingham Cider Co.

Mailing Address: 205 Prospect St, Bellingham, WA 98225
Phone: (360) 510-8494
Email: drink@bellinghamcider.com
Website: bellinghamcider.com
Seasons: Year-Round
Delivery Day(s): By Appointment, Monday - Sunday
How to Order: Email, Phone, Website

Products: Craft Cider

Business Description: We proudly self-distribute our cider in Bellingham and the surrounding area. We offer various keg sizes and have an array of award-winning traditional ciders along with rotating seasonal varieties that reflect the freshest local ingredients. Our ciders have no added sulfites, sugars or preservatives.

Bellingham Coffee Roasters

Mailing Address: 4054 Hammer Dr Unit 103-A, Bellingham, WA 98226
Phone: (360) 339-8550
Email: info@bellinghamcoffee.com
Website: bellinghamcoffee.com
Seasons: Year-Round
Delivery Day(s): Daily
How to Order: Email

Products: Coffee

Business Description: BCR is a locally owned/operated micro-roaster of specialty certified organic (USDA) and certified Fair Trade (Trans Fair USA) coffees in Bellingham, WA. We provide exceptional coffees and the type of service only a family-operated business is capable of. We fresh roast our coffees every day by order to ensure every cup is fresh!

Bellingham Pasta Co.

Mailing Address: 3125 Mercer Ave Suite 101, Bellingham, WA 98225
Phone: (360) 303-8435
Email: katie@bellinghampasta.com
Website: bellinghampasta.com
Seasons: Year-Round
Delivery Day(s): By Appointment; Tuesday - Friday
How to Order: Email, Phone, Puget Sound Food Hub, Text

Products: Pasta, Sauces

Business Description: Bulk packaged fresh pasta. Choose from 30 different cuts and types of pasta. Rental of commercial kitchen. USDA/Dep of Ag/WCHD approved.

Boundary Bay Brewery & Bistro

Mailing Address: 1107 Railroad Ave, Bellingham, WA 98225
Phone: (360) 647-5593
Website: bbaybrewery.com
Seasons: Year-Round
Delivery Day(s): By Appointment
How to Order: Phone, Website

Products: Beer

Business Description: Since the beginning, our mission has been to brew the freshest, handcrafted ales and lagers for the Bellingham community. From our year-round brews to our ultra-rare releases, each batch of beer is crafted for pure enjoyment. We’d love to distribute our beer to your business or event!

Bow Hill Blueberries (pg 15)

Breadfarm

Mailing Address: 5766 Cain’s Ct Bow, WA 98232
Phone: (360) 766-4065
Email: info@breadfarm.com
Website: breadfarm.com
Seasons: Year-Round
Delivery Day(s): Monday - Sunday
How to Order: Phone

Products: Baguettes, Sandwich Loaves, Naturally leavened sourdough loaves, Burger Buns, Hoagies, Dinner Rolls, Stoneground Miche, Ciabatta

Business Description: Our breads are naturally leavened; every loaf is hand shaped and carefully tended through the baking process. We source local, natural, and often organic ingredients, including Skagit grown and milled wheat! We deliver daily to restaurant, delis and grocers. Note: Orders via phone with 48 hour notice; delis and grocers. Note: Orders via phone with 48 hour notice; COD for first 90 days, then Net 14 terms. No wholesale for pastry, cookies or pantry staples. Certified by WSDA.
**Bright & Sunny Ginger Beer**

Phone: (360) 207-4049  
Email: info@drinkbrightandsunny.com  
Website: drinkbrightandsunny.com  
Seasons: Year-Round  
Delivery Day(s): By Appointment  
How to Order: Email, Phone, Text, Website  
Products: Wild Ginger Beer  
Specialty Items: Bright & Sunny Infusions: our wild ginger beer dehydrated for a probiotic tea. We also offer seasonal mocktails like our piping hot Not Toddy and refreshing Nojito. Bright & Sunny Flagship is our straight-up ginger beer made from four simple ingredients (organic fresh ginger, filtered water, fresh squeezed limes, and organic cane sugar). Seasonal, local flavors (like blueberry, rose petal, or persimmon) may be available.  
Business Description: Bright & Sunny Ginger Beer is a wild fermented, low-alcohol (<1%) bubbly with serious bite! Our Flagship probiotic sparkler is perfection on its own, as a mixer, or to elevate your non-alcoholic beverage menu. Available in 12-oz. resealable amber glass bottles. Kegs also available, please inquire.

**Calypso Kitchen**

Mailing Address: 4073, Bellingham, WA 98226  
Phone: (347) 413-3983  
Email: sarah@calypso.kitchen  
Website: calypso.kitchen  
Seasons: Year-Round  
Delivery Day(s): By Appointment  
How to Order: Email, Phone, Text, Website  
Business Description: We welcome opportunities to work with, support and supply local chefs, restaurants and institutions with our products: fresh spice blends, sauces, pepper sauces/hot sauces, chows, chutney, salsas, marinades/green seasonings that are all the basis of creating fantastic Caribbean flavor infusions. We regularly supply restaurants with custom ingredients for create food menu items, cocktail and mocktails for their establishments.

**Chuckanut Brewery**

Mailing Address: 11937 Higgins Airport Way, Burlington, WA 98233  
Phone: (360) 752-3377  
Email: info@chuckanutbrewery.com  
Website: chuckanutbrewery.com  
Seasons: Year-Round  
Delivery Day(s): By Appointment  
How to Order: Email, Phone  
Products: European Style Beers  
Business Description: Chuckanut brews national award-winning European style Lagers and Ales. We distribute our kegs from BC to Portland, email for information on new wholesale accounts.

**Ebb & Flow Herb Farm (pp 28)**

**Fidalgo Coffee**

Mailing Address: 856 N Hill Blvd, Burlington, WA 98233  
Phone: (360) 757-8818  
Email: info@fidalgocoffee.com  
Website: fidalgocoffee.com  
Seasons: Year-Round  
How to Order: Email  
Products: Specialty Coffees  
Business Description: Coffee blends are available in 12 oz and 2lb coffee bags: Organic Blends: Italian, Centro, Decaf, Breakfast, French, Espresso, 9 Bar, Ethiopia, & Centro Cold Brew. Conventional Blends: Seacoast, Decaf Horizon, Daybreak, Islands, Islands Espresso, Colombia, Fidalgo Gold, Sunset, & Classic Cold Brew. We also carry teas, monin/torani syrups & sauces, to-go cups with lids, and much more!
Flying Bird Botanicals

Mailing Address: Bellingham, WA 98225
Phone: (360) 366-8013
Email: hello@flyngbirdbotanicals.com
Website: flyngbirdbotanicals.com
Seasons: Year-Round
Delivery Day(s): Tuesdays, Thursdays
How to Order: Email, Phone, Website
Products: Tea
Business Description: Delicious organic artisan teas and drinking chocolate including matcha, loose leaf and biodegradable teabags. We carry both caffeinated teas and herbal teas available for retail as well as bulk for service. We are happy to help you create the perfect offering for your customers!

Garden Path Fermentation

Mailing Address: 11653 Higgins Airport Way, Burlington, WA 98233
Phone: (360) 503-8956
Email: info@gardenpathwa.com
Website: gardenpathwa.com
Seasons: Year-Round
Delivery Day(s): By Appointment
How to Order: Email
Products: Beer, Mead, Cider, Wine
Business Description: Our beers, meads, ciders, and wines are made seasonally with hyperlocal ingredients, and our fresh sheet changes constantly! Most of our products are available in limited wholesale quantities, either at the brewery or through self-distribution. Email for more information.

Grace Harbor Farms

Mailing Address: 2347 Birch Bay Lynden Rd, Custer, WA 98240
Phone: (360) 366-4151
Email: info@graceharborfarms.com
Website: graceharborfarms.com
Seasons: Year-Round
Delivery Day(s): Monday - Friday
How to Order: Email, Phone, Website
Products: Yogurt
Specialty Items: Dairy, Yogurt, Kefir, Cultured Buttermilk, Milk, Chocolate milk, Goat Milk, Goat Kefir
Business Description: All Vat Pasteurized, full fat, cream top. Never separated, homogenized, or full of thickeners or artificial flavors. Wholesale pricing available per request.
Growing Methods: Organic style management before organic was ‘cool’. We require all animals to have free access to fresh pasture (weather permitting). Our products will never have thickeners or artificial flavors added. We want natural habitat for the animals and simple ingredients for the products. That is the foundation for great things. Note: For current prices and availability, please email us.

Holmquist Hazelnut Orchards, LLC (pg 15)

Lost Giants Cider Company

Mailing Address: 1200 Meador Ave, Bellingham, WA 98229
Phone: (360) 778-2189
Email: info@lostgiantscider.com
Website: lostgiantscider.com
Seasons: Year-Round
Delivery Day(s): Daily
How to Order: Email
Products: Craft Cider
Business Description: We sell our products to any bar or restaurant that sells cider. We have 6 packs and draft available.

Technical assistance for farm business development
Market & business feasibility analysis • Access to capital
Access to new markets • Cooperative development
www.agbizcenter.org info@agbizcenter.org (360) 336-3727
Marie’s Bees

Mailing Address: 1196 Lingbloom Rd, Bellingham, WA 98226
Phone: (360) 224-2387
Email: info@mariesbees.com
Website: mariesbees.com
Seasons: Year-Round
Delivery Day(s): Wednesday, Friday
How to Order: Email, Phone, Puget Sound Food Hub, Text, Website

Products: Honey

Business Description: We focus on ethically and sustainably raised bees to bring you best raw honey and honey products possible. All of our ingredients are local sourced and bottled. We are a proud promoter of the Eat Local First Program and teaming up with other farms in our community.

Pangea Ferments

Phone: (360) 224-8847
Email: info@pangeaferments.com
Website: pangeaferments.com
Seasons: Year-Round
Delivery Day(s): Monday, Thursday
How to Order: Email, Phone, Puget Sound Food Hub, Text, Website

Products: Fermented Foods

Business Description: Pangea Ferments year-round wholesale lineup includes kimchi, three seed sauerkraut, garlic dill sauerkraut, curtido sauerkraut, and traditional sauerkraut. Check in often for other seasonal offerings. Our products are available in 16oz jars (cases of 12) and 2 gallon containers (18#).

Pizza’zza

Mailing Address: 1501 12th St, Bellingham, WA 98225
Phone: (360) 218-7012
Email: erica@pizzazza.com
Website: pizzazza.com
Seasons: Year-Round
Delivery Day(s): By Appointment
How to Order: Email, Phone, Text

Products: Frozen Pizzas, Ice Cream Sandwiches

Business Description: In addition to our brick-and-mortar restaurant, we offer a variety of wholesale gourmet frozen pizzas and ice cream sandwiches. Our focus on local sourcing makes us unique in these product categories. currently, you can find our products in grocers throughout the Puget Sound region.

Pure Bliss Desserts

Mailing Address: 1424 Cornwall Ave, Bellingham, WA 98225
Phone: (360) 739-1612
Email: info@pureblissdesserts.com
Website: pureblissdesserts.com
Seasons: Year-Round
Delivery Day(s): By Appointment
How to Order: Email

Products: Baked Goods, Catering, Desserts

Business Description: Pure Bliss Desserts would love to partner with you through a wholesale opportunity. We can custom tailor your dessert needs to compliment your menu, along with any other needs you may have. Please email us to set up a meeting to sample and discuss desserts, details and the wholesale process.

RADS Barrel Aged Pepper Sauce

Mailing Address: 3045 Lakeshore Rd, Bellingham, WA 98226
Phone: (630) 204-9065
Email: ryan@rads-sauce.com
Website: rads-sauce.com
Seasons: Year-Round
How to Order: Email

Products: Sauces | Condiments

Specialty Items: RADS Reserve Red Pepper Sauce, RADS Sweet Apple Jalapeño Sauce

Business Description: RADS Barrel Aged Pepper Sauce is a standout handcrafted hot sauce produced and barrel fermented in Whatcom County. RADS is dedicated to sourcing the highest quality ingredients before aging in American Oak Barrel. RADS meticulous process and rich flavor make a superior sauce! Taste the saucy alchemy!

Salt, Pepper & Oil

Mailing Address: 4073 Hannegan Road, Bellingham, WA 98226
Phone: (360) 671-5550
Email: info@saltpepperoil.com
Website: saltpepperoil.com
Seasons: Year-Round
Delivery Day(s): By Appointment; Monday - Friday
How to Order: Email, Phone, Text

Products: Fresh Pasta, Sauces, Custom Recipes

Business Description: We are a small-batch local operation that produces many custom wholesale products for restaurants around the area. Whether you’re looking for fresh pasta, salad dressings, fresh cut slaw, or even desserts we offer a variety of consistent product along with custom orders for your operation specifically.
Sauk Farm, LLC (pg 16)

Shambala Ancient Grain Bakery

Mailing Address: 614 S 1st St, Mount Vernon, WA 98273
Phone: (360) 588-6600
Email: info@shambalabakery.com
Website: shambalabakery.com
Seasons: Year-Round
Delivery Day(s): By Appointment
How to Order: Email, Phone, Text
Products: Housemade Vegan GF Ancient Grain NON GMO Buns, Breads, Rolls, Sourdough, Pastries, Pizza crusts, Vegan Soy Free GF Shamburgers, Our Vegan Soy Free GF Cheese Sauce
Business Description: We offer Gluten Free Vegan NON GMO ancient grain baked goods made with locally milled flours. These are tasty, hand-crafted artisan breads your customers will devour, and create longstanding regular return relationships even if they have no food sensitivities! Our recipes create a uniquely soft and crusty gourmet product, and our Sunshine Buns and Pizza crusts are regionally renowned. We fresh mill in East WA (closest certified GF blender) and we grow on our own Shambala Farm the ingredients for our baked goods, we are a NO TILL Organic Permaculture Farm on Camano Island, that supplies our Bakery.

Shrub Farm

Mailing Address: 1999 Iowa St B, Bellingham, WA 98229
Phone: (808) 740-2327
Email: josh@applestatevinegar.com
Website: shrub-farm.com
Seasons: Year-Round
Delivery Day(s): By Appointment; Monday - Friday
How to Order: Email
Products: Drinking Vinegars, Beverage Mixers, Shrub
Business Description: Our Vinegar is made from 100% organic, 100% delicious, 100% Washington State apples. It is never diluted and packs a punch of flavor and living culture. For our Shrub we infuse our Apple State Vinegar with whole raw local fruit and herbs. We give 6% of profits to charities supporting marine life.

The Spice Hut

Mailing Address: 131 W Kellogg Rd, Bellingham, WA 98226
Phone: (360) 671-2800
Email: info@thespicehut.com
Website: thespicehut.com
Seasons: Year Round
Delivery Day(s): Monday, Wednesday, Friday
How to Order: Email
Products: Loose leaf teas, gourmet organic spice blends
Business Description: Specializing in fresh ground spices, herbs, and spice blends. We also provide over 220 loose leaf teas and prepackaged retail products.

Tortillas Con Madre

Mailing Address: 612 E Maberry Dr, Lynden, WA 98264
Phone: (360) 354-0607
Email: lupita.nava@tortillasconmadre.com
Website: tortillasconmadre.com
Seasons: Year-Round
Delivery Day(s): By Appointment
How to Order: Email, Phone
Products: Flat Breads
Business Description: Tortillas Con Madre is a brand of carefully crafted flat breads baked by Functional Foods in Lynden, Washington using mostly local sources of ingredients. Tortillas Con Madre are certified organic, non-GMO, and vegan, made with only 5 ingredients and no preservatives, artificial flavors or colors.

Twin Sisters Creamery

Mailing Address: 6202 Portal Way, Ferndale, WA 98248
Phone: (360) 656-5240
Email: lindsay@twinsisterscreamery.com
Website: twinsisterscreamery.com
Seasons: Year-Round
Delivery Day(s): By Appointment
How to Order: Email, Phone, Website
Products: Cheeses
Business Description: We are Artisan Cheesemakers proudly producing raw milk Whatcom Blue Cheese, Farmhouse ‘cheddar style’ cheese and Farmhouse with whole Peppercorns. Award winning, flavorful cheese with a heavy cream finish, perfect for any cheese board or melted in recipes. Great pairings for steaks, burgers, pizza, salads, dressings, and more
Meat & Poultry

Alluvial Farms

Mailing Address: 6825 Goodwin Rd, Everson, WA 98247
Phone: (206) 992-7034
Email: alluvialfarms@gmail.com
Website: alluvialfarms.com
Seasons: Year-Round
Delivery Day(s): Wednesdays, Fridays
How to Order: Email, Phone, Puget Sound Food Hub, Text, Website
Products: Pork
Specialty Items: Pure Lard Cooking Oil
Farm Description: Contact farmer for pricing and case sizes. Primal and whole animal wholesale also possible. Puget Sound Food Hub delivers weekly on Tuesdays and Fridays, Alluvial Farms wholesale deliveries in Whatcom, Skagit, and Snohomish counties on Wednesdays and Fridays.
Growing Methods: Alluvial Farms raises heritage breed pastured pigs on organic pastures. Pigs have constant access to the outdoors as well as a big airy barn where they can nest down and stay cool in the summer, warm in the winter. Fed Organic field pea and barley ration that is milled and mixed on site, along with 100 gallons of Twin Brook milk each week, Alluvial pork is tender and delicious. Frozen vacuum sealed USDA inspected cuts. Contact farmer for retail or wholesale price list.

Bittersweet Family Farm, LLC

Mailing Address: 5055 Potter Rd, Deming, WA 98244
Phone: (425) 280-6590
Email: bittersweetfamilyfarm@gmail.com
Website: bittersweetfamilyfarm.com
Seasons: Year-Round
Delivery Day(s): By Appointment
How to Order: Email, Phone, Website
Products: Bacon, Ham, Pork, Sausage, Turkeys
Specialty Items: Hand Made Soap
Farm Description: We breed and raise our pigs on pasture, in Deming, WA. We strive to give them their most natural and best life. We grow our pigs out longer than most which gives our pork wonderful marbling and exquisite taste. When you purchase from our farm, you get so much more than “the other white meat”.
Growing Methods: Our pigs are born, and raised, on pasture Year-Round. The only thing they know is the dirt and pasture beneath their feet. They are free of antibiotics and hormones and raised on a locally milled feed and fermented grains.

East of Eden Farm (pg 27)

Fair Cow’s Path Farm

Mailing Address: 4186 Loomis Trail Rd, Blaine, WA 98230
Phone: (360) 920-6679
Email: faircowspathfarm@gmail.com
Website: faircowspathfarm.com
Seasons: June/October
Delivery Day(s): By Appointment
How to Order: Email, Phone, Website
Products: Beef, Pork
Farm Description: We offer special pricing to wholesale buyers purchasing whole beef shares (available in June/October) or whole pork shares (available September only). Please contact us for further details. Reservations for whole beef and/or whole pork shares for wholesale buyers are required by April.
Growing Methods: Our cattle are born, raised, and slaughtered on our farm. We strongly believe in nurturing the mother/baby bond and encourage all of our animals, including dairy animals, to raise their own young to a natural weaning age. We source our piglets from a local pig breeder who’s farming practices align with our values. We do not use growth hormones or non-therapeutic antibiotics on our animals.

We use rotational grazing methods for all of our livestock during grazing season. Our pastures and hay fields grow without the use of sprays or chemical fertilizers. Our pigs’ naturally foraged diets are supplemented daily with fresh, home-raised dairy and locally milled grains, while our cattle receive a simple supplement of salt with trace minerals. During winter, we follow Best Management Practices. Our animals live in special Heavy Use Areas, designed for their comfort and well-being, and to reduce ecological impacts. Cattle are fed mixed grass hay, haylage, alfalfa, and salt with trace minerals during this time. Our breeding herd is also supplemented with spent brewery grains, sourced from a local microbrewery. The manure our animals produce during winter is cleaned up daily and properly stored in custom designed dry stacks. It is then appropriately applied to our hay fields, vegetable, and flower gardens in the spring and summer. We also participate in ecology stewardship programs and work closely with our local conservation district.

Cedarville Farm (pg 26)
Matheson Farms, LLC

Mailing Address: 228 East Smith Road, Bellingham, WA 98226
Phone: (360) 220-5103
Email: info@mathesonfarms.com
Website: mathesonfarms.com
Seasons: April-December
Delivery Day(s): By Appointment
How to Order: Email, Phone
Products: Eggs, Beef, Yak

Farm Description: Matheson Farms produces local grass finished beef and yak produced using humane and Holistic Management principles. We do not use growth hormones or feed antibiotics. The animals are raised without growth hormones or feeding antibiotics. Call or email to check availability. We are not a large operation, but we can plan for specials or larger orders.

Growing Methods: We pasture the beef, yak and hens using regenerative agriculture practices and Holistic Management. We treat the animals humanely and with respect. The animals are grass finished, not grain finished. They are raised without growth hormones or feeding antibiotics.

Oak Meadows Farm

Mailing Address: 6285 Noble Oaks Ln, Ferndale, WA 98248
Phone: (360) 384-6005
Email: oakmeadows.farm@yahoo.com
Website: oakmeadowsfarmllc.com
Seasons: Year-Round
Delivery Day(s): Friday
How to Order: Email, Phone, Puget Sound Food Hub, Text, Website
Products: Bacon, Chicken, Ham, Pork, Sausage, Turkeys
Specialty Items: Quail

Farm Description: Oak Meadows Farm is a pasture-based, regenerative, livestock farm that produces broiler chickens, turkeys, and quail eggs & meat. We also work with a network of small family farms in Whatcom and Skagit County to provide any product our customers may need.

Growing Methods: Our poultry are rotated daily to fresh grass in movable shelters (chicken tractors). In addition to what they eat from the pasture, they are supplemented with non-GMO, corn- and soy-free feed.

Our pigs are raised by one of our local partner farms where they are rotated weekly through a savanna like part of the farm that has widely spaced trees with grass and other vegetation growing in between.

Our quail are raised in a free to fly system where they have plenty of room to run around, fly, and take dust baths in the bedding. Our quail barn has windows to let in plenty of natural sunlight and fresh air. Our quail never receive antibiotics or hormones and are fed feed from a local feed mill.
Osprey Hill Farm

Mailing Address: 5800 Saxon Rd, Acme, WA 98220
Email: ospreyhillfarm@yahoo.com
Website: ospreyhillfarm.com
Seasons: Year-Round
Delivery Day(s): By Appointment, Thursday
How to Order: Email, Puget Sound Food Hub, Website

Products: Aronia Berries, Basil, Broccolini, Cabbage, Carrots, Chard, Chicken, Cilantro, Collard Greens, Currents, Eggs, Garlic, Garlic Greens, Garlic Scapes, Green Onions, Kale, Lamb, Lettuce, Mixed Herbs, Parsley, Peppers, Plums, Potatoes, Salad Mix, Squash (Summer), Sunchoke, Thyme, Tomatoes, Tomatoes (Cherry), Turkeys

Farm Description: Osprey Hill is a diverse family farm located in the historic farming community of Acme in the Nooksack Valley. We’re a mixed operation farm that specializes in pasture-based chicken, lamb, and eggs. We also offer a selection of seasonal field crops, greenhouse crops, berries, and herbs. Please visit us online to learn more about our farm or to join our weekly Fresh Sheet.

Growing Methods: At Osprey Hill, we practice minimal tillage to encourage soil vitality. In addition, we put an emphasis on feeding and developing our soil because that’s the key to growing healthy plants without the need for synthetic nutrients or pesticides. Visit us online to learn more about our philosophy.

Samish Bay Cheese (pg 14)

Ten Fold Farm

Mailing Address: 4634, Bellingham, WA 98226
Phone: (360) 220-7391
Email: tenfoldfarm@gmail.com
Website: tenfoldfarm.com
Seasons: Year-Round
Delivery Day(s): By Appointment
How to Order: Email, Puget Sound Food Hub

Products: Artichokes, Arugula, Bacon, Beans, Beef, Beets, Braising Mix, Broccoli, Broccolini, Cabbage, Carrots, Chard, Chicken, Chicories, Cilantro, Corn, Cucumbers, Dill, Eggs, Escarole, Fennel, Garlic, Garlic Scapes, Green Beans, Green Onions, Kale, Kohlrabi, Lamb, Lettuce, Mustard Greens, Onions, Parsley Root, Parsnips, Peas, Peppers, Pork, Potatoes, Pumpkins, Raddishes, Salad Mix, Sausage, Shallots, Spinach, Squash (Summer), Squash (Winter), Sunchoke, Tea Herbs, Thyme, Tomatoes, Turkeys, Turnips, Veal, Wild Greens

Farm Description: Ten Fold Farm is a Certified Naturally Grown farm on the outskirts of Bellingham, WA. The family owned and operated farm features a rotational grazing system for livestock, non-GMO heirloom vegetables and herbs, and fruit. The back-field supplies hay for winter and also a great place for weddings. Please email tenfoldfarm@gmail.com for a current hot sheet.

Growing Methods: Certified Naturally Grown, rotational grazing system for livestock

Wild Acres Farm

Mailing Address: 1779 E Smith Rd, Bellingham, WA 98226
Phone: (360) 708-3292
Email: skiyouranch@gmail.com
Website: skiyouranch.com
Seasons: Year-Round
Delivery Day(s): By Appointment
How to Order: Email

Products: Beef

Farm Description: 100% Grass Fed Certified Organic. 4th generation family farm. All animals are born and raised on the ranch. We raise healthy animals in a sustainable environment. Nature’s way: stress-free. All restaurants are welcome to purchase our fabulous organic beef; retail and restaurant ready USDA processed and packaged. Bulk orders available with free delivery. Give us a try! You will be glad you did!

Growing Methods: All our animals are born and raised on the farm. We harvest all our own Grass hay so that we are ensuring that our animals get the best Certified Organic feed available for growth.

Skiiyou Ranch

Mailing Address: 26910 Duffy Rd, Sedro Woolley, WA 98284
Phone: (360) 708-3292
Email: skiyouranch@gmail.com
Website: skiyouranch.com
Seasons: Year-Round
Delivery Day(s): By Appointment; Monday - Friday
How to Order: Email

Products: Beef

Farm Description: 100% Grass Fed Certified Organic. 4th generation family farm. All animals are born and raised on the ranch. We raise healthy animals in a sustainable environment. Nature’s way: stress-free. All restaurants are welcome to purchase our fabulous organic beef; retail and restaurant ready USDA processed and packaged. Bulk orders available with free delivery. Give us a try! You will be glad you did!

Growing Methods: All our animals are born and raised on the farm. We harvest all our own Grass hay so that we are ensuring that our animals get the best Certified Organic feed available for growth.

Wild Acres Farm

Mailing Address: 1779 E Smith Rd, Bellingham, WA 98226
Phone: (360) 708-3292
Email: skiyouranch@gmail.com
Website: skiyouranch.com
Seasons: Year-Round
Delivery Day(s): By Appointment
How to Order: Email

Products: Beef

Farm Description: 100% Grass Fed Certified Organic. 4th generation family farm. All animals are born and raised on the ranch. We raise healthy animals in a sustainable environment. Nature’s way: stress-free. All restaurants are welcome to purchase our fabulous organic beef; retail and restaurant ready USDA processed and packaged. Bulk orders available with free delivery. Give us a try! You will be glad you did!

Growing Methods: All our animals are born and raised on the farm. We harvest all our own Grass hay so that we are ensuring that our animals get the best Certified Organic feed available for growth.
Seafood

Lummi Island Wild Co-op

Mailing Address: 3131 Mercer Ave #105, Bellingham, WA 98225  
Phone: (360) 366-8786  
Email: office@lummiislandwild.com  
Website: lummiislandwild.com  
Seasons: Year-Round  
Delivery Day(s): By Appointment; Tuesday, Friday  
How to Order: Email, Phone, Puget Sound Food Hub, Text, Website  
Products: Caviar, Cod, Halibut, Prawns, Salmon, Tuna  
Business Description: Lummi Island Wild pioneered the highest quality seafood in our Reefnet Salmon fishery and we carry that passion to everything we do. Experience the best - Healthy for you, Healthy for the planet. Stop by the LIW office or give us a call for wholesale pricing.  
Fishing Methods: All seafood wild harvested in the Salish Sea.

Sea to Shore Seafood Co.

Mailing Address: 4283 Van Horn Ln, Bellingham, WA 98226  
Phone: (907) 518-1390  
Email: Info@seatoshoreseafood.com  
Website: seatoshoreseafoodco.com  
Seasons: Year-Round  
Delivery Day(s): By Appointment  
How to Order: Email, Phone, Text, Website  
Products: Cod, Halibut, Salmon, Seafood  
Specialty Items: Smoked Salmon, Salmon Roe, Salmon Burger meat, Salmon/Halibut Carcasses, Salmon Heads, Salmon Bellies, Halibut Bellies, Salmon Collars  
Business Description: We strive for a zero-waste model by utilizing more of each fish. Chances are, if you can think of it, we can sell it. Our focus is on all species of salmon, smoked salmon, salmon roe, halibut and pacific cod. We offer fresh and blast frozen options of portioned and/or headed and gutted fish.  
Fishing Methods: Our sustainably caught seafood is harvested from the pristine salt waters of Southeast Alaska. Upon harvesting, each salmon is quickly and humanly dispatched. We then insert a serological pipette into their dorsal aorta to slowly pump seawater through their circulatory system, removing most of the blood from the meat. (blood is what gives fish the, “fishy taste”). This process is known as pressure bleeding. The fish are then cleaned, rinsed, inspected and positioned head to tail in their own small-batch, slush-iced totes. All fresh fish is shipped with gel ice packs and insulated liners to keep the fresh fish cold. All our frozen fish is blast frozen, eliminating the formation of ice crystals which are responsible for changing the taste and texture of the meat. Blast freezing keeps the frozen fish tasting fresh.  
We are a small fishing business so we are first come first serve on orders placed. We will do our best to catch and fill any and all orders placed, but we are working with a natural resource so nothing is guaranteed. We do need pre-orders for whole fish for the winter orders as those are only put up to order. Please contact us via email or phone to check wholesale pricing and availability.
Vegetables & Herbs

Alluvial Farms (pg 22)

Blanchard Mountain Farm

Mailing Address: 15404 Estes Road, Bow, WA 98232
Phone: (360) 399-1495
Email: linda@blanchardmountainfarm.com
Website: blanchardmountainfarm.com
Seasons: Spring, Summer, Fall
Delivery Day(s): By Appointment
How to Order: Email, Phone, Puget Sound Food Hub
Products: Basil, Broccoli, Broccolini, Cabbage, Carrots, Cauliflower, Chicories, Collard Greens, Cucumbers, Eggplant, Endive, Escarole, Green Beans, Green Onions, Kale, Lettuce, Mixed Herbs, Onions, Peas, Pumpkins, Radicchio, Squash (Summer), Squash (Winter), Tomatoes, Tomatoes (Cherry)
Specialty Items: Rhubarb
Farm Description: Located near Edison, we grow certified organic vegetables and a few herbs and flowers. Our specialty is Italian produce: eggplant, tomatoes, chicories, basil. Biodiversity is improved with hedgerows, cover crops, compost. Local buyers can contact us directly. Some products on Puget Sound Food Hub.
Growing Methods: We are Certified Organic through the WA State Department of Agriculture. As stewards of the farm’s ecosystem, we improve biodiversity through native hedgerows to attract pollinators and beneficial insects and use cover crops, rotations and compost to improve soil.

Boldly Grown Farm

Mailing Address: 16470 WA-20, Mt Vernon, WA 98273
Phone: (206) 795-5715
Email: boldlygrownfarm@gmail.com
Website: boldlygrownfarm.com
Seasons: Year-Round
Delivery Day(s): By Appointment, Monday - Sunday
How to Order: Email, Phone, Puget Sound Food Hub
Products: Beets, Broccoli, Cabbage, Carrots, Celeriac, Chicories, Collard Greens, Cut Flowers, Endive, Escarole, Fennel, Garlic, Garlic Scapes, Kale, Kohlrabi, Onions, Peppers, Radicchio, Radishes, Shallots, Squash (Winter), Turnips
Farm Description: Boldly Grown Farm grows certified organic wholesale quantities of fall and winter crops and provides high quality, local vegetables to Washington & Oregon during the typical off-season. Purchase via the Puget Sound Food Hub, OGC or direct. Contact us for an availability list.
Growing Methods: Certified organic

Cascadia Mushrooms

Mailing Address: 4771 Aldrich Rd, Bellingham, WA 98226
Phone: (360) 714-8859
Email: info@cascadiamushrooms.com
Website: cascadiamushrooms.com
Seasons: Year-Round
Delivery Day(s): By Appointment; Monday, Thursday
How to Order: Email, Phone, Puget Sound Food Hub, Text
Products: Mushrooms
Specialty Items: Grow at home mushroom kits & garden compost
Farm Description: Certified Organically farmed & wild foraged mushrooms from Whatcom County since 2005. Our mission is to bring the best in fresh gourmet Organic and Wild-crafted mushrooms to businesses that are seeking unique mushroom products for their menus and store shelves.
Growing Methods: Certified Organic mushroom producers. This means that all of our inputs are either Certified Organic or from approved natural sources such as our locally sourced fresh alder sawdust that comes from local landowners and tree farms.

Cedarville Farm

Mailing Address: 3081 Goshen Rd, Bellingham, WA 98226
Phone: (360) 592-5594
Email: cedarville322@mac.com
Website: cedarvillefarm.com
Seasons: January, April-December
Delivery Day(s): Tuesday, Friday, Saturday
How to Order: Email, Phone, Puget Sound Food Hub, Text, Website
Products: Artichokes, Arugula, Asian Greens / Bok Choy, Asparagus, Basil, Beans, Beets, Braising Mix, Broccoli, Broccolini, Brussels Sprouts, Cabbage, Carrots, Cauliflower, Celeriac, Celery, Chard, Chicories, Cilantro, Collard Greens, Cucumbers, Dill, Eggplant, Eggs, Endive, Escarole, Fennel, Garlic, Garlic Greens, Garlic Scapes, Green Beans, Green Onions, Kale, Kohlrabi, Leeks, Lettuce, Mixed Herbs, Onions, Parsley, Parsnips, Peas, Peppers, Radicchio, Radishes, Salad Mix, Shallots, Spinach, Squash (Summer), Squash (Winter), Tomatoes, Tomatoes (Cherry), Turkeys, Turnips
Farm Description: We deliver to Bellingham and distribute to southern markets as a member of the Puget Sound Food Hub. Farming since 1988, we are experienced growers offering consistent, responsive service and excellent products grown on our 7 acres of fertile, sandy loam soil adjacent to the Nooksack River.
Growing Methods: USDA certified Organic
City Sprouts Farm

Mailing Address: 2912 Birchwood Ave, Bellingham, WA 98225  
Email: citysproutsfarm@gmail.com  
Website: citysproutsfarm.com

Products: Artichokes, Arugula, Asian Greens / Bok Choy, Basil, Beans, Beets, Braising Mix, Broccoli, Broccolini, Cabbage, Carrots, Cauliflower, Celery, Chard, Chicories, Cilantro, Collard Greens, Cucumbers, Dill, Eggplant, Endive, Fennel, Green Beans, Green Onions, Kale, Kohlrabi, Leeks, Lettuce, Mixed Herbs, Mustard Greens, Onions, Parsley, Parsnips, Peas, Peppers, Pumpkins, Radicchio, Radishes, Salad Mix, Shallots, Spinach, Sprouts, Squash (Summer), Squash (Winter), Tea Herbs, Thyme, Tomatillos, Tomatoes, Tomatoes (Cherry), Turnips

Farm Description: City Sprouts farm is an urban vegetable farm in the Birchwood neighborhood of Bellingham.
Growing Methods: We use all organic methods, and intensive growing practices to produce a high yield on a small area of land.

East of Eden Farm

Mailing Address: 4974 Patton Rd, Bellingham, WA 98226  
Phone: (917) 284-2754  
Email: eastofedenfarmstead@gmail.com  
Website: eastofedenfarm.com  
Seasons: Year-Round  
Delivery Day(s): Tuesday, Friday  
How to Order: Email, Phone

Products: Artichokes, Arugula, Asian Greens / Bok Choy, Asparagus, Bacon, Basil, Beans, Beets, Braising Mix, Broccoli, Broccolini, Brussels Sprouts, Chard, Collard Greens, Cucumbers, Dill, Eggplant, Eggs, Endive, Fennel, Garlic, Kale, Kohlrabi, Lettuce, Mixed Herbs, Mustard Greens, Parsley, Parsnips, Peas, Peppers, Pork, Potatoes, Radicchio, Radishes, Salad Mix, Sausage, Spinach, Squash (Summer), Squash (Winter), Sunchokes, Thyme, Tomatillos, Tomatoes, Tomatoes (Cherry), Turnips

Farm Description: East of Eden Farm offers local restaurants a consistent and reliable source for the finest quality organic salad mix, culinary herbs, and seasonal veggies. We deliver to Bellingham twice per week, so you don’t have to worry about wilting! Email or call for our weekly FRESH sheet.
Growing Methods: Our farm is a working example of local agro-ecology. We are building soils from scratch, literally, with the help of animals. Our chickens and pigs do the initial sod busting and fertilizing. In exchange, we give them unlimited access to green pasture, fresh water, organic grain feeds, and whole food scraps. In addition to our own animals, we are also bringing in many tons of C-N balanced horse manure from our friends just down the road at Kelly Park Stables. We use this manure as thick mulch for our vegetable beds and as the base layer for our intensive windrow composting system.

Our goal here at East of Eden is to create healthy soil ecosystems with minimal need for tillage and little or no off-farm amendments other than the manure and whole food scraps we get from our surrounding community. If we are able to build soils in this way, using what would otherwise be waste as nutrients, then the plants will gladly grow and our farm will produce abundant, delicious and nutrient dense food with net positive impact to our community and our land.

Lastly, in an effort to reduce the overall CO2 footprint of farming we are producing all of our own diesel fuel comprised of 80% waste vegetable oil collected from local restaurant partners. (The other 20% of biodiesel is comprised of methanol, which is necessary for the fuel to combust in modern diesel engines.)

Organically Farmed & Wild Foraged Mushrooms

Weekly direct delivery or Puget Sound Food Hub  
Call or Email us for samples, pricing & availability

360-714-8859  
WWW.CASCADIAMUSHROOMS.COM
Ebb & Flow Herb Farm

Mailing Address: 16384 Donnelly Rd, Mt Vernon, WA 98273
Phone: (360) 393-8312
Email: wildvitalityherbal@gmail.com
Website: wildvitalityherbal.com
Seasons: Year-Round
Delivery Day(s): By Appointment; Monday - Sunday
How to Order: Email, Phone, Text, Website
Products: Basil, Beans, Cucumbers, Green Beans, Mixed Herbs, Squash (Summer), Squash (Winter), Tea, Tea Herbs, Thyme, Tomatoes, Tomatoes (Cherry)
Specialty Items: We offer a variety of wellness tinctures, skin salves, and custom tea blends. Call or check out our website for a full listing!
Farm Description: We offer a variety of herbal products including wellness tinctures, skin salves, and custom-made tea blends for retailers. We also fill bulk orders of fresh and dried culinary and medicinal herbs. Our farm is located on certified organic land and our practices are environmentally-focused.
Growing Methods: The quality and potency of our crops is what gives them value and healthy soil is a key ingredient. The healthier the soil, the stronger and healthier our product will be. We are aware that we are participating in a system much larger than our fence line. We use organic practices and are situated on certified organic land in Skagit County. We are committed to having a positive impact on the soil, water, and other organisms in the area.

Flynn Farms

Mailing Address: 5979 Lawrence Rd, Everson, WA 98247
Phone: (775) 544-8925
Email: flynnfarmsdelhiwind@gmail.com
Website: flynnfarmsbellingham.com
Seasons: May - November
Delivery Day(s): By appointment; Daily
How to Order: Email, Phone, Text
Products: Arugula, Asian Greens / Bok Choy, Basil, Beans, Beets, Broccoli, Broccolini, Brussels Sprouts, Cabbage, Carrots, Cauliflower, Celeriac, Celery, Chard, Cherries, Cilantro, Corn, Dill, Eggplant, Fennel, Garlic, Green Beans, Green Onions, Kale, Kohlrabi, Leeks, Lettuce, Nectarines, Onions, Parsley, Parsnips, Peaches, Pears, Peas, Peppers, Plants, Plums, Potatoes, Radishes, Raspberries, Salad Mix, Shallots, Spinach, Squash (Summer), Squash (Winter), Strawberries, Tomatoes, Tomatoes (Cherry), Turnips
Specialty Items: Organic Melons & Horseradish
Farm Description: Wholesale orders available via phone or e-mail. Weekly fresh sheets available throughout the season upon request. Flynn Farms can supply wholesale Organic Beets, Melons, Tom Thumb Popcorn, and we take crop requests.
Growing Methods: WSDA Organic / Companion Planting / Crop Rotation / Cover Crop

Harmony Fields (pg 13)

Hopewell Farm, LLC

Phone: (360) 927-8433
Email: hopewellfarm@live.com
Seasons: Year-Round
Delivery Day(s): Monday - Friday
How to Order: Email, Phone, Puget Sound Food Hub
Products: Beets, Blueberries, Brussels Sprouts, Carrots, Green Beans, Onions, Shallots, Squash (Winter)
Farm Description: Hopewell Farm is a certified organic family farm located in the heart of rural Whatcom County in Everson. The farm is surrounded by lush green pastures for our certified organic dairy cows and is just minutes away from the Canadian border, the ocean, and Mt. Baker. The farm produces 60+ acres of organic berries and vegetables. GAP Certified.

Joe’s Gardens

Mailing Address: 3110 Taylor Ave, Bellingham, WA 98225
Phone: (360) 671-7639
Email: gardenhelp@joesgardens.com
Website: joesgardens.com
Seasons: March - September
Delivery Day(s): Tuesday, Friday
How to Order: Email
Products: Apples, Arugula, Asian Greens / Bok Choy, Basil, Beans, Beets, Blueberries, Broccoli, Broccolini, Cabbage, Carrots, Cauliflower, Celeriac, Celery, Chard, Cherries, Cilantro, Corn, Dill, Eggplant, Fennel, Garlic, Green Beans, Green Onions, Kale, Kohlrabi, Leeks, Lettuce, Nectarines, Onions, Parsley, Parsnips, Peaches, Pears, Peas, Peppers, Plants, Plums, Potatoes, Radishes, Raspberries, Salad Mix, Shallots, Spinach, Squash (Summer), Squash (Winter), Strawberries, Tomatoes, Tomatoes (Cherry)
Farm Description: Joe’s Gardens is a 7-acre, family run farm located in the heart of Bellingham. We are a seasonal operation, offering produce at its peak freshness, prime within its season.
Growing Methods: Joe’s grows over 70 truly spray-free non-gmo crops throughout the season and we also offer a large selection of branch fruit from Smallwood Farms, plus berries from local farmers.
Mariposa Farm

Mailing Address: 5824 Lawrence Rd, Everson, WA 98247  
Phone: (360) 920-1920  
Email: mariposa2013.jl@gmail.com  
Website: mariposafarm.weebly.com  
Seasons: Year-Round  
Delivery Day(s): Monday, Wednesday, Friday  
How to Order: Email

Products: Beets, Blueberries, Broccoli, Broccolini, Cauliflower, Chard, Cilantro, Cucumbers, Eggplant, Green Beans, Kale, Leeks, Lettuce, Onions, Peas, Peppers, Potatoes, Radishes, Raspberries, Salad Mix, Sprouts, Squash (Summer), Strawberries, Tomatillos, Tomatoes, Tomatoes (Cherry)  
Specialty Items: Edible flowers  
Farm Description: Butterflies migrate long distances over several generations, guided by nature. We migrated from Mexico 9 years ago to work on organic farms in Washington and now we have our own family farm! We are a 9.5 acre farm located in Everson that grows around 60 varieties of vegetables. Mariposa Farm works hard to offer high-quality, fresh vegetables.

Osprey Hill Farm (pg 24)

Pollen Folly Farm

Mailing Address: 3805 E Hoff Rd, Everson, WA 98247  
Phone: (425) 791-0742  
Email: pollenfollyfarm@gmail.com  
Website: pollenfollyfarm.com  
Seasons: Year-Round  
Delivery Day(s): By Appointment; Tuesday, Wednesday, Friday  
How to Order: Email, Phone, Text

Products: Basil, Beans, Blueberries, Braising Mix, Broccoli, Cabbage, Chard, Cherries, Collard Greens, Corn, Cucumbers, Eggs, Grapes, Green Beans, Kale, Leeks, Lettuce, Mixed Herbs, Nuts, Peas, Potatoes, Raspberries, Squash (Summer), Squash (Winter), Tomatoes, Tomatoes (Cherry)  
Farm Description: A small family farm produces fresh nutritious organic foods. We offer vegetables, berries, pastured eggs, as well as culinary and botanical herbs. We maintain our land’s biodiversity through sustainable biodynamic practices. Food is our passion, getting to share it with you is our pleasure.  
Growing Methods: We use organic and biodynamic growing methods. Our pastured chickens are fed Scratch and Peck fermented feed along with fresh greens and veggies from our farm.
Rabbit Fields Farm

Mailing Address: 19405 J. Nelson Rd Mount Vernon, WA 98274
Phone: (360) 393-8747
Email: rabbitfieldsfarm@gmail.com
Website: rabbitfieldsfarm.com
Seasons: Year-Round
Delivery Day(s): Wednesday, Saturday
How to Order: Email, Phone, Text

Products: Apples, Artichokes, Arugula, Asian Greens / Bok Choy, Basil, Beans, Beets, Braising Mix, Broccoli, Broccolini, Brussels Sprouts, Cabbage, Carrots, Cauliflower, Chard, Chicories, Cilantro, Collard Greens, Cucumbers, Cut Flowers, Dill, Eggplant, Garlic, Garlic Greens, Garlic Scapes, Green Beans, Green Onions, Grocer, Kale, Kohlrabi, Leeks, Lettuce, Mixed Herbs, Mustard Greens, Onions, Parsley, Peas, Peppers, Potatoes, Pumpkins, Radicchio, Radishes, Raspberries, Salad Mix, Shallots, Spinach, Sprouts, Squash (Summer), Squash (Winter), Strawberries, Tomatillos, Tomatoes, Tomatoes (Cherry), Turnips

Farm Description: Rabbit Fields is a small certified organic farm situated on the fertile alluvial fan of the Skagit River. Driven by young enthusiastic energy and a passion for sustainable living practices, Rabbit Fields is dedicated to providing fresh, local, organic produce to our community, while preserving and maintaining its farm land.

Rabble & Roost Farm

Mailing Address: 7762 Enterprise Rd, Ferndale, WA 98248
Phone: (360) 328-1375
Email: rabbleandroost@gmail.com
Website: rabbleandroost.com
Seasons: June - November
Delivery Day(s): By Appointment
How to Order: Email

Products: Apples, Basil, Carrots, Cucumbers, Dill, Eggplant, Fennel, Leeks, Lettuce, Parsley, Pumpkins, Salad Mix, Squash (Summer), Squash (Winter), Tomatoes, Tomatoes (Cherry)

Specialty Items: Fresh Cut Flowers

Farm Description: We offer select varieties of vegetables at wholesale rates during peak season, usually August through October. We love working with chefs during crop planning in Jan/Feb to grow custom hard to find varieties. To receive our weekly fresh sheet please email rabbleandroost@gmail.com

Growing Methods: We believe nourishing food can only be grown while also nourishing the land. Our growing methods are designed to work in partnership with the ecosystem, without synthetic fertilizers, pesticides, or GMOs. We practice sustainable soil management, crop diversification, and habitat preservation methods.

Silver Creek Farm

Mailing Address: 709 Lange Rd, Bellingham, WA 98226
Phone: (360) 201-6878
Email: thesilvercreekfarm@gmail.com
Website: Find us on the EatLocalFirst.org Food Atlas
Seasons: Year-Round
Delivery Day(s): By Appointment
How to Order: Email, Phone, Text

Products: Arugula, Basil, Beets, Braising Mix, Carrots, Chard, Cilantro, Cucumbers, Dill, Eggplant, Garlic, Garlic Greens, Garlic Scapes, Green Beans, Kale, Lettuce, Mixed Herbs, Mustard Greens, Parsley, Peas, Peppers, Radishes, Salad Mix, Shallots, Spinach, Sprouts, Thyme, Tomatoes, Tomatoes (Cherry), Turnips

Farm Description: Silver Creek Farm is dedicated to regenerative farming. Providing quality, specialty greens, vegetables and Microgreens using organic methods. Specialty varieties can be grown upon request.

Growing Methods: Regenerative, sustainable growing methods using no chemicals.

Skagit Gourmet Mushrooms

Mailing Address: 23627 Hoogdal Rd, Sedro-Woolley, WA 98284
Phone: (425) 381-1570
Email: mark@skagitgourmetmushrooms.com
Website: skagitgourmetmushrooms.com
Seasons: Year-Round
Delivery Day(s): By Appointment
How to Order: Email, Phone

Products: Mushrooms

Specialty Items: Grow your Own Blocks

Farm Description: We are dedicated to growing the most exceptional mushrooms in the Northwest. Offering this phenomenal food to the local community, farmer’s markets, and restaurants keeps S.G.M. passionate every day.

Growing Methods: We source all of our substrate components from Washington state! We NEVER use any pesticides, herbicides, fungicides or any non organic substances on the farm.

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Southern Exposure Family Farm

Mailing Address: 7662 F&S Grade Rd, Sedro Woolley, WA 98284
Phone: (360) 320-2856
Email: jimmyandkara@southernexposurefamilyfarm.com
Website: Find us on the EatLocalFirst.org Food Atlas
Seasons: Year-Round
Delivery Day(s): Tuesday, Friday
How to Order: Email, Puget Sound Food Hub
Products: Artichokes, Asparagus, Beans, Beets, Carrots, Corn, Cucumbers, Eggplant, Garlic Greens, Garlic Scapes, Peas, Peppers, Plants, Plums, Sunchokes
Specialty Items: Culantro, Ginger, Horseradish, Lemongrass, Mashua, Oca, Turmeric, Ulluco, Yacon
Farm Description: We are seeking sustainable relationships with people that support our farm’s efforts to help the environment. We prefer to coordinate product planning ahead of the planting season & setup recurring orders during the harvest season to help chefs plan meals and allow us to have more family time!
Growing Methods: We are stewards of the land which lie fallow since the 1990’s. Since we purchased our farm in 2011, we have methodically improved it using organic farming practices that promote natural diversity of the living systems. We plant beneficial flowers to attract bees & wasps that help our farm thrive.

Spring Time Farm

Mailing Address: 3348, Everson, WA 98247
Phone: (360) 610-3700
Email: info@springtimefarm.com
Website: springtimefarm.com
Seasons: Year-Round
Delivery Day(s): Tuesdays, Friday – Sunday
How to Order: Email, Phone, Puget Sound Food Hub, Text
Products: Artichokes, Arugula, Asian Greens / Bok Choy, Basil, Beans, Beets, Blackberries, Braising Mix, Broccoli, Broccolini, Brussels Sprouts, Cabbage, Carrots, Cauliflower, Celeriac, Celery, Chard, Cherries, Chicories, Cilantro, Collard Greens, Corn, Cucumbers, Cut Flowers, Dill, Eggplant, Endive, Escarole, Fennel, Garlic, Garlic Greens, Garlic Scapes, Green Beans, Green Onions, Kale, Kohlrabi, Leeks, Lettuce, Mixed Herbs, Mustard Greens, Onions, Parsley, Parsley Root, Parsnips, Peas, Peppers, Plums, Popcorn, Potatoes, Pumpkins, Radicchio, Radishes, Raspberries, Salad Mix, Shallots, Spinach, Squash (Summer), Squash (Winter), Strawberries, Thyme, Tomatillos, Tomatoes, Tomatoes (Cherry), Turnips, Wild Greens
Farm Description: We are committed to quality and consistency with our varied and exciting produce. Contact us at info@springtimefarm.com for twice weekly fresh sheets or search for our products online at the Puget Sound Food Hub. Keeping our wholesale accounts and chefs happy is a priority for us.
Growing Methods: We are Certified Organic since 2014, power 75% of our farm’s electrical needs with solar panels, and every year add to our perennial plantings for both habitat creation and sales.

Sumas River Farm

Mailing Address: 4289 Rock Rd, Sumas, WA 98295
Phone: (360) 319-0895
Email: helen_solem@yahoo.com
Website: Find us on the EatLocalFirst.org Food Atlas
Seasons: February - December
Delivery Day(s): Monday, Thursday
How to Order: Email
Products: Arugula, Asparagus, Basil, Beets, Blackberries, Blueberries, Carrots, Celeriac, Cilantro, Cucumbers, Currants, Dill, Fennel, Figs, Grapes, Green Beans, Kale, Lettuce, Mixed Herbs, Mustard Greens, Parsley, Peas, Raspberries, Salad Mix, Strawberries, Thyme, Tomatoes (Cherry), Wild Greens
Specialty Items: Rhubarb, wild nettles, gold raspberries
Farm Description: Our two-acre farm produces consistent, smaller quantities of our premium products: mini-greens, berries, herbs & gourmet roots. Look for the farm’s new website which will publish a fresh sheet bi-weekly. Deliveries are Monday and Thursday with a Saturday farmers market pick-up option
Growing Methods: We constantly feed the soil so plants can capture the sun and drink the rain. Abundant insects and small animals live in the thousand feet of Sumas River riparian zone and native habitats which encircle our cultivated farmland. Over 12 years certified organic.
Ten Fold Farm

Mailing Address: 2891 Massey Rd, Everson, WA 98247
Phone: (360) 393-5402
Email: terraverefarm@gmail.com
Website: ieatveggies.org
Seasons: Year-Round
Delivery Day(s): Tuesday, Wednesday, Friday, Saturday
How to Order: Email, Phone, Text
Products: Arugula, Asian Greens / Bok Choy, Basil, Beans, Beets, Blueberries, Braising Mix, Broccoli, Broccolini, Brussels Sprouts, Cabbage, Carrots, Cauliflower, Celeriac, Celery, Chard, Cilantro, Collard Greens, Corn, Cucumbers, Currants, Eggplant, Garlic, Garlic Greens, Garlic Scapes, Green Beans, Green Onions, Kale, Kohlrabi, Leeks, Lettuce, Onions, Parsley, Peas, Peppers, Plums, Potatoes, Pumpkins, Radishes, Raspberries, Salad Mix, Shallots, Spinach, Squash (Summer), Squash (Winter), Tomatoes, Tomatoes (Cherry), Turnips
Specialty Items: Frozen Blueberries

Farm Description: We offer a diverse mix of local and certified organic vegetables and blueberries. We are known for our brassica crops, outstanding salad mix, and enticing seasonal offerings. Ordering is easy with our online order guide/fresh sheet sent out twice weekly. Please contact us for availability, and pricing information. Vegetable and fresh and frozen bulk blueberry information available! Quality and consistency is our motto!

Growing Methods: We grow all our vegetables and berries using Certified Organic practices. A lot of time goes into analyzing our soil health, and crop nutrient needs, and we take time to collaborate with knowledgable local agronomists. Long term, successful organic growing practices fosters harmony and interdependence within delicate systems. We do our best to direct, manage and persevere a favorable growing environment for all our crops.

Vertical Fog Farm

Mailing Address: 5979 Lawrence Rd, Everson, WA 98247
Phone: (206) 290-6975
Email: rob@verticalfogfarm.com
Website: verticalfogfarm.com
Seasons: Year-Round
Delivery Day(s): Tuesday, Friday
How to Order: Email, Phone, Text, Puget Sound Food Hub
Products: Asian Greens / Bok Choy, Beets, Broccoli, Cabbage, Carrots, Cauliflower, Chard, Cucumbers, Cut Flowers, Eggplant, Endive, Escarole, Garlic, Garlic Greens, Garlic Scapes, Green Onions, Kale, Lettuce, Mustard Greens, Onions, Pumpkins, Radicchio, Radishes, Salad Mix, Shallots, Spinach, Sprouts, Squash (Winter), Tomatoes (Cherry)

Farm Description: We strive to provide nutritious and delicious food so you can make healthy and nourishing choices for you and your customers. Vertical Fog Farm grows a variety of vegetables focusing on salad mix and cut greens. Our salad mix and cut greens are prepared under license by the WSDA and are ready-to-eat. Ready-to-eat products are available in bulk and retail packaging.

Growing Methods: Vertical Fog Farm has been certified organic by the WSDA from nearly the beginning. My goal is to grow nutritious food in a way that is sustainable, builds healthy soil and minimizes pesticide use. Vertical Fog Farm’s salad mix and cut greens are processed under license by the WSDA.
Viva Farms

Mailing Address: 15366 Ovenell Rd, Mt Vernon, WA 98273
Phone: (360) 969-7191
Email: sales@vivafarms.org
Website: vivafarms.org
Seasons: Year-Round
Delivery Day(s): Monday, Thursday, Saturday
How to Order: Email, Phone, Puget Sound Food Hub

Products: Artichokes, Arugula, Asian Greens / Bok Choy, Basil, Beans, Beets, Blackberries, Blueberries, Broccoli, Broccolini, Brussels Sprouts, Cabbage, Carrots, Cauliflower, Celeriac, Chard, Chicories, Cilantro, Collard Greens, Corn, Cucumbers, Dill, Endive, Escarole, Fennel, Garlic, Garlic Greens, Garlic Scapes, Green Beans, Green Onions, Kale, Kohlrabi, Lettuce, Mixed Herbs, Mustard Greens, Onions, Parsley, Parsnips, Peas, Peppers, Potatoes, Pumpkins, Radicchio, Radishes, Raspberries, Salad Mix, Shallots, Spinach, Sprouts, Squash (Summer), Squash (Winter), Strawberries, Sunchokes, Thyme, Tomatillos, Tomatoes, Tomatoes (Cherry), Turnips

Farm Description: Farmers grow everbearing strawberries, summer & fall raspberries, blackberries, blueberries, and a wide variety of mixed vegetables available May-December. We deliver to Whatcom, Skagit and King counties.
Growing Methods: All our product is certified organic. We also hold an organic handler certificate and our farm is GAP certified as well.

Wright Brothers Farm

Mailing Address: 6785 N Enterprise Rd, Ferndale, WA 98248
Phone: (206) 390-2978
Email: craig@wrightbrothersfarm.com
Website: wrightbrothersfarm.com
Seasons: May - November
Delivery Day(s): Tuesday, Saturday
How to Order: Email, Phone, Text, Website

Products: Arugula, Asian Greens / Bok Choy, Basil, Beans, Beets, Braising Mix, Broccolini, Brussels Sprouts, Cabbage, Carrots, Cauliflower, Celeriac, Celery, Chard, Chicories, Cilantro, Collard Greens, Corn, Cucumbers, Dill, Eggs, Endive, Escarole, Fennel, Green Beans, Green Onions, Kale, Lettuce, Mixed Herbs, Mustard Greens, Onions, Parsley, Parsnips, Peas, Pumpkins, Radicchio, Radishes, Salad Mix, Spinach, Squash (Summer), Squash (Winter), Thyme, Tomatoes, Tomatoes (Cherry), Turnips
Specialty Items: Amaranth, purslane, zucchini

Farm Description: We grow a diverse array of fresh vegetables and herbs with weekly deliveries to Bellingham and Seattle (2x if needed). We love working with chefs and grow special, to-order crops on request. Our favorite comment is from a chef when we asked about his first delivery: "It tastes like sunshine!"
Growing Methods: We grow consistent with organic principles as we work toward certification on property that has been in our family for more than 100 years. We are proud be growing on the same property on which our uncles Loren and Ed Bailey founded Evergreen Station as one of Whatcom County’s first organic farms.

STOP WASTING. START DONATING.
Donate excess prepared food to people in need.

COMMUNITY 2019 IMPACTS
30 PARTICIPATING BUSINESSES
41,000 MEALS DONATED
50,000 LBS OF FOOD SAVED
SIGN UP YOUR BUSINESS TODAY!
ANACORTES FARMERS MARKET

- Saturdays 9am-2pm, The Depot (7th Street and “R” Ave.)
  May 2-October 31;
  Jan-April: 2nd Saturdays only
anacortesfarmersmarket.org
info@anacortesfarmersmarket.org
Faye Litzinger, Market Manager
(360) 293-7922

Enhance your farm-to-table repertoire by connecting with Skagit county’s finest food producers offering fresh produce, mushrooms, meat, eggs, fish, cheese, honey, baked goods, jams/preserves, and other food products. Lots of certified organic options!

BELLINGHAM FARMERS MARKET

- Saturdays 10am-3pm, Depot Market Square, 1100 Railroad Ave.
  April-December;
  January-March: 3rd Saturdays only
bellinghamfarmers.org
market@bellinghamfarmers.org
Lora Leigel, Market Manager
(360) 647-2060

The Bellingham Farmers Market is a great place for chefs and caterers to find the freshest ingredients, direct from the farm. A huge diversity of products is available downtown at the Saturday market, April-December.

LYNDEN FARMERS MARKET

- Saturdays 10am-2pm, Centennial Park, Lynden
  June 6 - September 26
lyndenfarmersmarket.com
lyndenfarmersmarket@gmail.com
Tiffany Bell, Market Manager
(360) 220-7391

The Market is held in Centennial Park (Corner of 4th and Front Street). Throughout the season our vendors plan to offer everything from handmade arts & crafts to fresh fruits, vegetables and meats.

MOUNT VERNON FARMERS MARKET

- Saturdays 9am-2pm, Mount Vernon Riverwalk Park
  May 16-October 10
Harvest Market 10am-2pm, Location TBD - November 21
mountvernonfarmersmarket.org
mountvernonfarmersmarket@hotmail.com
Tia Entrikin, Market Manager
(360) 540-4066

The Mount Vernon Farmers Market supports local farmers and growers in a family-friendly environment that offers fresh, healthy food including locally grown produce and baked goods to the community. In addition, the Market features a variety of hand-made products along with live music, kid’s activities and cooking demonstrations.

TWIN SISTERS FARMERS MARKET

- Saturdays 9am-3pm, IGA @ Nugent’s Corner
  June-October
- Saturdays 10am-2pm, North Fork Library
  June-October
twinsistersmarket.com
twinsistersmarket@gmail.com

The Twin Sisters Farmers Market is a cooperatively run mobile market that runs every Saturday from June through October. We offer a wide variety of fruit, vegetables, and meat grown right here in Whatcom County.

Farmers Markets offer one-stop shopping for the busy chef or buyer, and are the best places to find fresh, unique local product! Farmers Markets are also a fantastic way to build relationships with your producers directly.
Sustainable Connections Food & Farming Program

- Supports local farmers
- Connects food buyers with local farms and artisans
- Educates and encourages our community to always Eat Local First!

Below are just a few of the benefits we provide to our business members in the food & farming industry. Some resources are available to non-members as well, but joining Sustainable Connections is by far the best way to get involved, get maximum promotion, exposure, and value from our program.

**NETWORK & CONNECT:**
- Annual Farm-to-Table Trade Meeting
- Farmer/Chef Connection Events
- Chef/Buyer Farm Tours
- Wholesale Guide Listing
- "NW Chefs" listserv
- Member lowdown e-news once a month and opportunities to post your own announcements i.e. job postings, events, etc.

**MARKETING & PROMOTION:**
- Food & Farm Finder and Eat Drink Explore Tourism Map, listings & ads
- Use of “Eat Local First” brand and campaign materials
- Monthly Eat Local First newsletter, highlighting members
- Free listing in our local business directory

**EDUCATIONAL MATERIALS & OPPORTUNITIES:**
- Free one-on-one consultations with staff at Sustainable Connections
- Significant discounts on events including green building, food and farming, energy efficiency, and toward zero waste.

**There are many additional benefits to becoming a Sustainable Connections member!**

For more information, contact Kerry Eastwood at kerrye@sustainableconnections.org or (360) 647-7093 x110 to learn more.
FOOD & FARMING EVENTS 2020

FEBRUARY
2/25  Farm-to-Table Trade Meeting

MARCH
3/24  Chefs Collective Breakfast
3/28  CSA Fair @ Boundary Bay Brewery

APRIL
4/2   CSA Member Lunch
4/4   Eat Local First Food & Farm Finder launch

MAY
5/6   Farmer Chef Mixer
5/16  Cascade Cuts Plant Sale
5/21  Farm Party

JULY
7/20  Chef Farm Tour

AUGUST
8/22  Chefs Collective Breakfast

SEPTEMBER  Eat Local Month
9/12-13 Whatcom County Farm Tour

OCTOBER
10/3-4  Cloud Mountain Fall Fruit Festival

NOVEMBER
11/4   Farmer Chef Mixer

DECEMBER
12/10  Farmer Party to celebrate Food to Bank On

Event & Publication Details

Chef Farm Tour We load up a bunch of grocery buyers and chefs in a van for a tour of the hottest new farms and local products. An event we look forward to every year!

Cloud Mountain Fall Fruit Festival This family-friendly event features tastings of over 200 varieties of fruits and vegetables all grown at Cloud Mountain Farm Center.

CSA / Farm Share Promotions Sustainable Connections helps promote CSA farms through producing the annual CSA list, and promoting the CSA model to the public and businesses. The Farm Share Fair is an opportunity to connect with consumers, and the Farm Share Member Lunch to connect with businesses.

Eat Local Month In September, we celebrate Eat Local Month, featuring restaurants, markets, farms and food businesses throughout the month. Get involved by hosting a featured event we can promote, or by offering a special throughout the month.

Farmer Chef Mixer Facilitated networking, aimed at making more producer and wholesale relationships. Good food and valuable connections.

Farm-to-Table Trade Meeting An annual one-day conference and connections event bringing together around 200 food and farming businesses of all kinds for a day of networking and education. Find local products, new markets, get inspired and grow your business!

Food & Farm Finder A well-used annually printed guide for all things local food: farms, markets, restaurants, locally-made products, and more. Great rates on listing and ad opportunities with 25,000 copies printed and distributed each year. It's our most popular publication!

Whatcom County Farm Tour This annual, free, self-guided tour educates our community by creating opportunity to experience and learn more about where their food comes from. 2020 will be our 4th year offering a 2-day tour in partnership with Whatcom Family Farmers and Dairy Farmers of WA.

Eat Drink Explore Tourism Map A full color guide focused on drawing regional visitors from the Seattle area and lower B.C. to discover culinary and agritourism experiences and businesses in Bellingham and Whatcom County, 20,000 copies printed and distributed in high traffic areas in 8 counties.